



Family Resource Cheat Sheet

Youth One:

Come for summer drop in! All the things you love about our school year drop in but during the day! There will be lunch, games, trips to the park and air conditioning.

Middle School Drop In: Tuesdays 1-4pm @ 1303 13 St North

Youth One @ the park: Every second Wednesday of July and August @ Legacy Park 1-4pm.

Website: <https://www.youthone.ca/calendar#calendar-info>

Email: info@youthone.ca

Phone: (403) 380-4426

University Summer Camps:

<https://www.ulethbridge.ca/sportrec/summer-camps>

Overnight Camps

<https://albertacamping.com/find-a-camp/>

Fee Assistance for Summer Activities:

<https://www.lethbridge.ca/community-services-supports/community-social-development-csd/fee-assistance-program/>

Food or Clothing Supports:

My City Care: (403) 942-1378

Streets Alive: (403) 320-1159

Crisis or Parenting Support:

Woods Homes: 403-317-1777

Kids Help Phone 1-800-668-6868

Distress Line of SW Alberta: 403-327-7905

Police non-emergency line: 403-328-4444