

MAY 19 - 23

SJF



# NEWSLETTER



Severe Weather  
Procedures



Athletics Calendar  
Subject to change and refer to it often



BUS ROUTES



## MARK YOUR CALENDAR:

**May 19**

Victoria Day  
( School Closed)

**May 20**

Professional Development  
Day  
(No School for Students)

**May 21**

Grade 6 AHS  
Immunizations

**May 28**

Grade 6 LA PAT (Part 1)

**June 02**

Grade 7 Zoo Fieldtrip



### Parking Safety Reminder

Student safety is our top priority! Please help us keep drop-off and pick-up times safe by following these key guidelines:

- **Use designated drop-off zones** — avoid stopping in the road
- **No parking in bus zones** — keep them clear at all times
- **Respect accessible parking** — only park with a permit
- **Watch for pedestrians** — drive slowly and stay alert
- **Use crosswalks** — always cross at designated areas

Thanks for helping make SJF safe and welcoming for everyone!

### Grade 8 Adventure at the Nikka Yuko Garden

This week our Grade 8s braved ever-changing Alberta weather at Nikka Yuko, diving into land dragonboat training, a guided garden tour, Japanese-inspired games and a peaceful walk around the lake. They capped off the day with amazing food from Lighthouse! **See pictures**

#### **from the day below!**



One of our talented Grade 8s has recreated Nikka Yuko's magic in mini form—a stunning LEGO structure complete with a cascading waterfall and Japanese-inspired pagodas. Every brick pays homage to the beautiful day they spent exploring the gardens—well done!



Did you know? As a high-school student at Lethbridge Collegiate Institute, Joyce Fairbairn wrote a weekly column called "Teen Chatter" for the Lethbridge Herald, kick-starting her career in journalism long before she entered the Senate. [en.wikipedia.org](https://en.wikipedia.org)



**Senator Joyce Fairbairn Middle School**  
301 Rocky Mountain Blvd, Lethbridge, AB T1K 6S4 PH: 403-381-2977

Good morning Falcon Families,

Options will be open tomorrow at 1:00 PM.

Please refer to this message for instructions on how to register for options.

Reminder: Options are not first-come, first-served. Your child will have from May 9 to May 23 to register. If students do not register by the deadline, they will be manually placed in available options. Registration also helps us determine if there is enough interest to run each option class.

Students are encouraged to select more options than needed, as their choices are not guaranteed.

Thank you and we look forward to a fantastic year ahead!

Sharon Willms-Laing

Vice Principal  
Senator Joyce Fairbairn  
301 Rocky Mountain Blvd. W  
Lethbridge, AB T1K 6S4

**Learn more about  
options here!**





**MAY 19 - 23**

**SOAR**



**INFORMATION FOR GRADE 5 PARENTS & GUARDIANS WHOSE CHILD WILL BE COMING TO SENATOR JOYCE FAIRBAIRN MIDDLE SCHOOL IN GRADE 6**

## REGISTRATION

Alberta Education requires a new updated registration form for every student in the province. This requirement can be fulfilled by looking into your parent PowerSchool account and updating your students registration for the 2025/2026 school year.

**Registration is now open in PowerSchool.**  
Please complete your school registration by April 14.

## UPCOMING EVENTS FOR GR. 5S

### GRADE 5 ORIENTATION:

**May 9:** Grade 5 students will walk or bus over to SJF for an orientation.

### ADMIN VISITS GRADE 5 STUDENTS

**May 13:** Probe

**May 14:** Nicholas Sheran and Coalbanks

## IMPORTANT INFORMATION

### GRADE 6 PARENT INFORMATION NIGHT

**May 6: 5:30-6:30 at SJF**  
Come for a tour and a short presentation. Meet the grade 6 and option teachers.

### OPTIONS

PowerSchool option courses will be open on **May 9** and close **May 23**. Please have your student log in to select the options they want. Please know that students may not get the options they want, but there are opportunities to switch after the term starts. *Grade 6 students need one music and one art option.*

### OPEN HOUSE

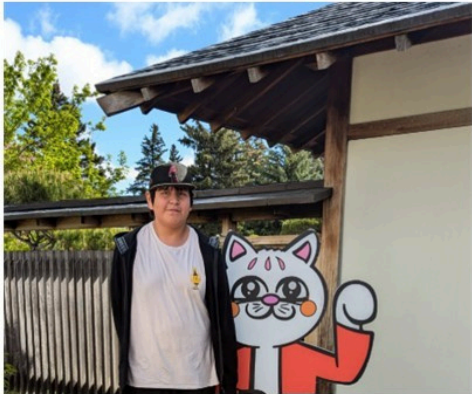
**August 28:** Students are welcome to come with their parents to the school to meet the teachers, see their classrooms and get their locks.

### Last Names:

**A-L:** 1:00pm-2:00pm  
**M-Z:** 2:00pm-3:00pm



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SOAR





# Sexual Violence Awareness Month

## What is it?

May is Sexual Violence Awareness Month (SVAM), an opportunity to raise awareness about sexual abuse and support people impacted by sexual violence. During this special month, the Chinook Sexual Assault Centre has a number of events planned to promote awareness and raise funds to support our essential services.

## What we do?

The Chinook Sexual Assault Centre provides specialized supports for people impacted by sexual abuse and assault throughout Southwest Alberta.

Our services include:

- Support with crisis
- Support in accessing ongoing services
- Skill-building to address trauma symptoms
- Specialized police and court support
- Peer support groups
- Specialized therapy services
- Collaboration with other agencies to

coordinate supports

- Education for all ages, groups, and audiences

[Click here to donate](#)



**CHINOOK SEXUAL  
ASSAULT CENTRE**

# Calendar of events

## May 1

### City Lights

In recognition of Sexual Violence Awareness Month, City Hall in Lethbridge will be decked out teal, the colour symbolic of prevention of sexual violence.

## May 3

### RunWild

RunWild is an annual event to raise money for child advocacy centres. We are hosting an event at beautiful Henderson Lake starting at 12:00 p.m.

## May 5

### Impact Unveiled: Beyond the Silence

We are hosting a art display from May through until September at the Yates Theatre Gallery. We hope to encourage important conversations about sexual violence through artwork which celebrates survival, healing, strength, empowerment and the emotions tied to these experiences.

## May 14

### A Engagement Strategies to End Sexual Harassment

This interactive on-line workshop explores sexual harassment—its definition, impact, and how to actively address it. Details to come.

## May 23

### Chrome Harvest Fundraiser

Join local band Chrome Harvest at the Owl Acoustic Lounge for their album release party. The event will also be a fundraiser for the Chinook Sexual Assault Centre. Watch for more details.

## May 27

### First Responder to Sexual Abuse Training™ This

introductory course is beneficial for anyone wanting to learn more about sexual violence and how to help individuals that have been impacted.

[Register here](#)

For more information on our events [Click here](#)



# Here's your chance to win

... while supporting a great cause. All proceeds from our Sexual Violence Awareness Month raffle will help us support the healing journey of those impacted by sexual violence.

Sexual Violence Awareness Month

# 50/50

## Raffle

**Tickets just \$10**

**Purchase your ticket**

**Draw date  
June 12, 2025**

## Get your limited edition merchandise

Local artist and supporter Cass Mitchell of Tatts by Cass has created the original Sexual Violence Awareness Month design you see here.



The design will be featured at our Impact Unveiled: Beyond the Silence Show.

The design is available on several items

including T-shirts, sweatshirts, tote bags and stickers. Thirty per cent of all product sales will be donated to the Chinook Sexual Assault Centre.

**Click here to order**



### Chinook Sexual Assault Centre

502, 740 4 Avenue South, Lethbridge, AB T1J0N9

Tel: 403-694-1094 Toll Free: 1-844-576-2512

[www.csacleth.ca](http://www.csacleth.ca)



Discover  
Events &  
Resource  
s Here

**Visit Our Link Tree**

# Boundary Blueprints

Lethbridge Family  
Services  
Since 1910  
Counselling, Outreach  
& Education



## A Personal Growth Group

**This group will support individuals in developing a greater understanding of how to set and maintain personal boundaries.**

**Through discussion and education, participants will explore how honouring their own, and others' boundaries plays a role in healthy relationships and maintaining mental health.**

**Tuesdays, 5:30 PM–7:30 PM**

**May 13 – June 3, 2025**

**LFS Counselling Office: 1098 3rd Ave North, Lethbridge**

**No cost to participate**

**Open to ages 18+**

**Please call by May 2 to schedule an intake**



**Contact the intake office at: 403-327-5724**





LCI XCOUNTRY PRESENTS:

# DONUT DASH



**PRIZES!**  
**ACCESSORIES!**  
**DONUTS!**

## 3K Run/Walk with 2 Donut Stations!

**TUESDAY, MAY 13, 2025**  
**KINSMEN PICNIC SHELTER**  
**HENDERSON LAKE PARK**



**THANK YOU TO OUR SPONSORS!**



**REGISTER NOW!**





# SUMMER CAMP

MAGRATH, AB

**JULY 28-AUG 2, 4-7, 2025**

Sessions for students entering gr. 7-12 in the fall of 2025  
\$150

LEAD COACH: SHANE ORR

**REGISTER NOW**



complete info on our website!  
[www.reachvolleyballcamp.com](http://www.reachvolleyballcamp.com)







LETHBRIDGE  
PARTNERED WITH HORNS REC.

# YABBA

KIDS AND TEENS  
FITNESS CLASSES FOR  
AGES 3+



***6 WEEK PROGRAM STARTS  
MARCH 14TH***

- **Teens: ages 8-13**  
**classes run Fridays at 4:50-5:30pm**
- **Kids: ages 3-7**  
**classes run Fridays at 4:10-4:40pm**



Classes will help youth learn proper lifting techniques, increase overall power and speed all while having a lot of fun.

Lets help kids be strong, confident and so much more with the benefits of strength training

***REGISTER NOW AND JOIN YABBA!!!!***

Email [yabbafitnessprogram@gmail.com](mailto:yabbafitnessprogram@gmail.com) to





# *Alberta Wide Mental Health Services*

## **Rapid Access Counselling (RAC)**

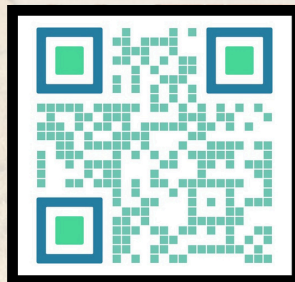
- Anywhere in Alberta
- Low to no cost
- See a counsellor within 3 business days
- Single-session counselling
- Virtual, no travel required

## **Easy and accessible to get started**

To book a session:

- Call 1-877-244-2360 (toll free), email [intake@kindred.ca](mailto:intake@kindred.ca) or scan our QR code.

Visit [www.RACAlberta.ca](http://www.RACAlberta.ca).





# Free Tutor Program

Would you like help in your school studies? The YMCA of Lethbridge is hosting a FREE tutor program for all subjects open to both high school and middle school students. The program will be held in the Upper Galleria at the Cor Van Raay YMCA.

Our tutor programs will be running Monday-Thursday from 4:30pm-7:00pm.

*No membership required!* For any questions, reach out to Arnaud at:

[arnaud.sparks@lethbridgeymca.ca](mailto:arnaud.sparks@lethbridgeymca.ca)



Shine On



Spots still available in the following age groups:

5-7 (Born 2018-2020)

12-13 (Born 2012-2013)

14-17 (Born 2008-2011)

**Interested in hockey but don't want the significant time or financial commitment that often comes with this great sport?**

**We offer an organized non-checking recreational hockey league for all genders aged 5-17. All skill levels are welcome.**

**One hour, once a week. Season runs from October to March.**

**Registration closes on September 15, 2025 - spots fill quickly so don't delay!**

**[www.lethbridgerechokey.com](http://www.lethbridgerechokey.com)**

