

MAY 12 - 16

SJF



NEWSLETTER



Severe Weather
Procedures



Athletics Calendar
Subject to change and refer to it often



BUS ROUTES



MARK YOUR CALENDAR:

May 21

Grade 6 AHS
Immunizations



Parking Safety Reminder

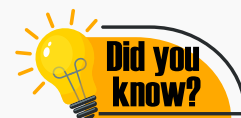
Student safety is our top priority! Please help us keep drop-off and pick-up times safe by following these key guidelines:

- **Use designated drop-off zones** — avoid stopping in the road
- **No parking in bus zones** — keep them clear at all times
- **Respect accessible parking** — only park with a permit
- **Watch for pedestrians** — drive slowly and stay alert
- **Use crosswalks** — always cross at designated areas

Thanks for helping make SJF safe and welcoming for everyone!

Hands-On Anatomy: Frog Dissections in Grade 8

Last week, our Grade 8s dissected frogs. This hands-on lab aligns with Alberta Grade 8 Science deepening their grasp of organ-system interdependence and vertebrate biodiversity.



Did you know? Beyond blazing trails in Ottawa, Senator Joyce Fairbairn was a devoted bird-lover—she set out feeders at her home year-round and often said that “feeding her beloved birds all year long brought her great joy.” Lethbridge Herald

epe.lac-bac.gc.ca/en.wikipedia.org

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Fairbairn Track & Field Club is Back!

We're thrilled to kick off the 2025 Track and Field season here at Senator Joyce Fairbairn! This year, we're launching an after-school Track and Field Club designed to give all interested students a chance to explore the world of track and field in a fun, inclusive, and supportive environment.

Practice Schedule

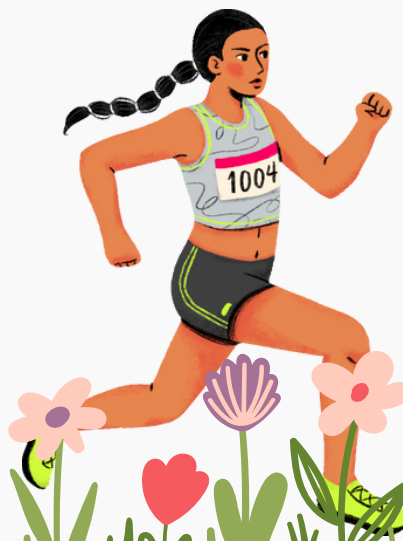
Practices will run on Tuesdays and Thursdays from 3:45 - 5:00 PM right here at SJF. There's no fee to join, and all students are welcome!

- Tuesdays: Running Events & High Jump
- Thursdays: Throwing Events & Long/Triple Jump

Special Practices at the University of Lethbridge

We're excited to offer two bonus practices at the U of L track facility—a chance for students to try out events on a real track and field! Please note: transportation is not provided, so families will need to arrange rides to and from the university. Unfortunately, if students can't arrange a ride, they won't be able to participate in the offsite events.

Let's get moving, SJF! 



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NEWSLETTER

🎓 Grade 9 Transition Info 🎓

Chinook High School

- **Parent Info Evening:** May 6 @ 6:30 PM in the Media Centre
- **Registration:** PowerSchool open May 9-16
- **Tours:** Limited tours available in late June – email chs@lethsd.ab.ca to book

LCI

- **Parent Info Night:** April 14 @ 6:30 PM in the LCI Large Gym
- **Option Selection:** Available on PowerSchool from April 14-29
- **Tours:** Limited tours available in late June email LCI to book





MAY 12 - 16

SOAR



INFORMATION FOR GRADE 5 PARENTS & GUARDIANS WHOSE CHILD WILL BE COMING TO SENATOR JOYCE FAIRBAIRN MIDDLE SCHOOL IN GRADE 6

REGISTRATION

Alberta Education requires a new updated registration form for every student in the province. This requirement can be fulfilled by looking into your parent PowerSchool account and updating your students registration for the 2025/2026 school year.

Registration is now open in PowerSchool.
Please complete your school registration by April 14.

UPCOMING EVENTS FOR GR. 5S

GRADE 5 ORIENTATION:

May 9: Grade 5 students will walk or bus over to SJF for an orientation.

ADMIN VISITS GRADE 5 STUDENTS

May 13: Probe

May 14: Nicholas Sheran and Coalbanks

IMPORTANT INFORMATION

GRADE 6 PARENT INFORMATION NIGHT

May 6: 5:30-6:30 at SJF
Come for a tour and a short presentation. Meet the grade 6 and option teachers.

OPTIONS

PowerSchool option courses will be open on **May 9** and close **May 23**. Please have your student log in to select the options they want. Please know that students may not get the options they want, but there are opportunities to switch after the term starts. *Grade 6 students need one music and one art option.*

OPEN HOUSE

August 28: Students are welcome to come with their parents to the school to meet the teachers, see their classrooms and get their locks.

Last Names:

A-L: 1:00pm-2:00pm
M-Z: 2:00pm-3:00pm

Opening Weekend – Sat, May 3 | 10–12:30

WANNA RACE?

All ages welcome · No experience necessary

No BMX bike? No full-face helmet? No problem.

We have loaner bikes and helmets available so you can give it a try.

What you do need to bring:

Covered shoes, long pants, and a long-sleeved shirt.



For more information, visit
www.LethbridgeBMX.com

Sexual Violence Awareness Month

What is it?

May is Sexual Violence Awareness Month (SVAM), an opportunity to raise awareness about sexual abuse and support people impacted by sexual violence. During this special month, the Chinook Sexual Assault Centre has a number of events planned to promote awareness and raise funds to support our essential services.

What we do?

The Chinook Sexual Assault Centre provides specialized supports for people impacted by sexual abuse and assault throughout Southwest Alberta.

Our services include:

- Support with crisis
- Support in accessing ongoing services
- Skill-building to address trauma symptoms
- Specialized police and court support
- Peer support groups
- Specialized therapy services
- Collaboration with other agencies to

coordinate supports

- Education for all ages, groups, and audiences

[Click here to donate](#)



**CHINOOK SEXUAL
ASSAULT CENTRE**

Calendar of events

May 1

City Lights

In recognition of Sexual Violence Awareness Month, City Hall in Lethbridge will be decked out teal, the colour symbolic of prevention of sexual violence.

May 3

RunWild

RunWild is an annual event to raise money for child advocacy centres. We are hosting an event at beautiful Henderson Lake starting at 12:00 p.m.

May 5

Impact Unveiled: Beyond the Silence

We are hosting a art display from May through until September at the Yates Theatre Gallery. We hope to encourage important conversations about sexual violence through artwork which celebrates survival, healing, strength, empowerment and the emotions tied to these experiences.

May 14

A Engagement Strategies to End Sexual Harassment

This interactive on-line workshop explores sexual harassment—its definition, impact, and how to actively address it. Details to come.

May 23

Chrome Harvest Fundraiser

Join local band Chrome Harvest at the Owl Acoustic Lounge for their album release party. The event will also be a fundraiser for the Chinook Sexual Assault Centre. Watch for more details.

May 27

First Responder to Sexual Abuse Training™ This

introductory course is beneficial for anyone wanting to learn more about sexual violence and how to help individuals that have been impacted.

[Register here](#)

For more information on our events [Click here](#)

Here's your chance to win

... while supporting a great cause. All proceeds from our Sexual Violence Awareness Month raffle will help us support the healing journey of those impacted by sexual violence.

Sexual Violence Awareness Month

50/50

Raffle

Tickets just \$10

Purchase your ticket

**Draw date
June 12, 2025**

Get your limited edition merchandise

Local artist and supporter Cass Mitchell of Tatts by Cass has created the original Sexual Violence Awareness Month design you see here.



The design will be featured at our Impact Unveiled: Beyond the Silence Show.

The design is available on several items

including T-shirts, sweatshirts, tote bags and stickers. Thirty per cent of all product sales will be donated to the Chinook Sexual Assault Centre.

Click here to order



Chinook Sexual Assault Centre

502, 740 4 Avenue South, Lethbridge, AB T1J0N9

Tel: 403-694-1094 Toll Free: 1-844-576-2512

www.csacleth.ca



Discover
Events &
Resource
s Here

Visit Our Link Tree

Boundary Blueprints

Lethbridge Family
Services
Since 1910
Counselling, Outreach
& Education



A Personal Growth Group

This group will support individuals in developing a greater understanding of how to set and maintain personal boundaries.

Through discussion and education, participants will explore how honouring their own, and others' boundaries plays a role in healthy relationships and maintaining mental health.

Tuesdays, 5:30 PM–7:30 PM

May 13 – June 3, 2025

LFS Counselling Office: 1098 3rd Ave North, Lethbridge

No cost to participate

Open to ages 18+

Please call by May 2 to schedule an intake



Contact the intake office at: 403-327-5724



LCI XCOUNTRY PRESENTS:

DONUT DASH



PRIZES!
ACCESSORIES!
DONUTS!

3K Run/Walk with 2 Donut Stations!

TUESDAY, MAY 13, 2025
KINSMEN PICNIC SHELTER
HENDERSON LAKE PARK



THANK YOU TO OUR SPONSORS!

REGISTER NOW!





SUMMER CAMP

MAGRATH, AB

JULY 28-AUG 2, 4-7, 2025

Sessions for students entering gr. 7-12 in the fall of 2025
\$150

LEAD COACH: SHANE ORR

REGISTER NOW



complete info on our website!
www.reachvolleyballcamp.com





LETHBRIDGE
PARTNERED WITH HORNS REC.

YABBA

KIDS AND TEENS
FITNESS CLASSES FOR
AGES 3+



**6 WEEK PROGRAM STARTS
MARCH 14TH**

- Teens: ages 8-13
classes run Fridays at 4:50-5:30pm
- Kids: ages 3-7
classes run Fridays at 4:10-4:40pm

Classes will help youth learn proper lifting techniques, increase overall power and speed all while having a lot of fun.

Lets help kids be strong, confident and so much more with the benefits of strength training

REGISTER NOW AND JOIN YABBA!!!!

Email yabbafitnessprogram@gmail.com to





Alberta Wide Mental Health Services

Rapid Access Counselling (RAC)

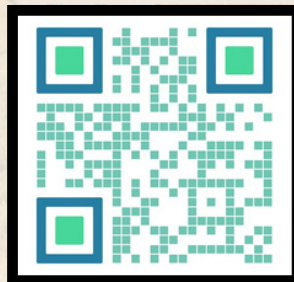
- Anywhere in Alberta
- Low to no cost
- See a counsellor within 3 business days
- Single-session counselling
- Virtual, no travel required

Easy and accessible to get started

To book a session:

- Call 1-877-244-2360 (toll free), email intake@kindred.ca or scan our QR code.

Visit www.RACAlberta.ca.



Free Tutor Program

Would you like help in your school studies? The YMCA of Lethbridge is hosting a FREE tutor program for all subjects open to both high school and middle school students. The program will be held in the Upper Galleria at the Cor Van Raay YMCA.

Our tutor programs will be running Monday-Thursday from 4:30pm-7:00pm.

No membership required! For any questions, reach out to Arnaud at:

arnaud.sparks@lethbridgeymca.ca



Shine On