



NEWSLETTER



Severe Weather Procedures

Athletics Calendar
Subject to change and refer to it often

BUS ROUTES



🌸 **Happy Spring Break, SJF!** 😊 We want to wish everyone a fun, safe, and relaxing spring break! Whether you're traveling, spending time with family, or just catching up on sleep and books, we hope you enjoy every moment.

🎓 Grade 9 Transition Info 🎓

Chinook High School

- **Parent Info Evening:** May 6 @ 6:30 PM in the Media Centre
- **Registration:** PowerSchool open May 9-16
- **Tours:** Limited tours available in late June - email chs@leths.ab.ca to book

LCI

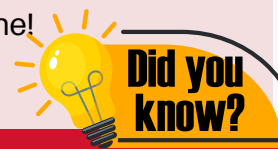
- **Parent Info Night:** April 14 @ 6:30 PM in the LCI Large Gym
- **Option Selection:** Available on PowerSchool from April 14-29

🚗 Parking Safety Reminder from SJF 🚗

Student safety is our top priority! Please help us keep drop-off and pick-up times safe by following these key guidelines:

- **Use designated drop-off zones** — avoid stopping in the road
- **No parking in bus zones** — keep them clear at all times
- **Respect accessible parking** — only park with a permit
- **Watch for pedestrians** — drive slowly and stay alert
- **Use crosswalks** — always cross at designated areas

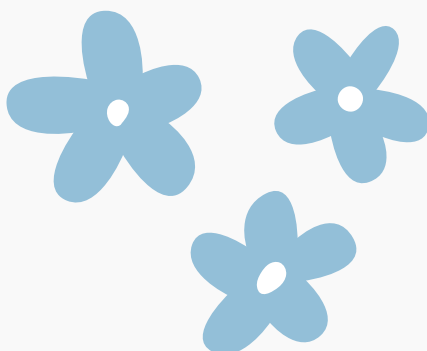
Thanks for helping make SJF safe and welcoming for everyone!



MARK YOUR CALENDAR:

April 18 - 27
Spring Break
(No School)

May 09
Grade 5 Tour/
Orientation



Senator Joyce Fairbairn was the first journalist to report on the selection of Canada's new national flag in the 1960s. Working in the Parliamentary Press Gallery, she broke the story about the iconic red and white maple leaf design that we proudly fly today. This was just one of her many trailblazing moments as one of the first women in Canadian political journalism.

APRIL 21 - 25



SJF

NEWSLETTER

Fairbairn Track & Field Club is Back!

We're thrilled to kick off the 2025 Track and Field season here at Senator Joyce Fairbairn! This year, we're launching an after-school Track and Field Club designed to give all interested students a chance to explore the world of track and field in a fun, inclusive, and supportive environment.

Practice Schedule

Practices will run on Tuesdays and Thursdays from 3:45 - 5:00 PM right here at SJF. There's no fee to join, and all students are welcome!

- Tuesdays: Running Events & High Jump
- Thursdays: Throwing Events & Long/Triple Jump

Special Practices at the University of Lethbridge

We're excited to offer two bonus practices at the U of L track facility—a chance for students to try out events on a real track and field! Please note: transportation is not provided, so families will need to arrange rides to and from the university. Unfortunately, if students can't arrange a ride, they won't be able to participate in the offsite events.

Let's get moving, SJF! 

Calling All Future Pickleball Champs!

We're excited to share that the very first **Lethbridge and District Pickleball Tournament is happening May 2-4, 2025 at the Agri-food Hub & Trade Centre!**

This high-energy event will feature Junior Men's and Women's Doubles in two age groups:

- ◆ Ages 10-14
- ◆ Ages 15-17

Thanks to the amazing support of the **Lethbridge and Coaldale Pickleball Clubs**, the first 25 youth players to register will have their entry fees waived—so don't wait!

Registration closes April 25

 Sign up here: agrifoodhub.ca/events

Whether you're new to the game or already obsessed, this is a great chance to get involved in one of the fastest-growing sports in the country. Let's go, SJF athletes!



INFORMATION FOR GRADE 5 PARENTS & GUARDIANS WHOSE CHILD WILL BE COMING TO SENATOR JOYCE FAIRBAIRN MIDDLE SCHOOL IN GRADE 6

REGISTRATION

Alberta Education requires a new updated registration form for every student in the province. This requirement can be fulfilled by looking into your parent PowerSchool account and updating your students registration for the 2025/2026 school year.

Registration is now open in PowerSchool. Please complete your school registration by April 14.

UPCOMING EVENTS FOR GR. 5S

GRADE 5 ORIENTATION:

May 9: Grade 5 students will walk or bus over to SJF for an orientation.

ADMIN VISITS GRADE 5 STUDENTS

May 13: Probe

May 14: Nicholas Sheran and Coalbanks

IMPORTANT INFORMATION

GRADE 6 PARENT INFORMATION NIGHT

May 6: 5:30-6:30 at SJF
Come for a tour and a short presentation. Meet the grade 6 and option teachers.

OPTIONS

PowerSchool option courses will be open on **May 9** and close **May 23**. Please have your student log in to select the options they want. Please know that students may not get the options they want, but there are opportunities to switch after the term starts. *Grade 6 students need one music and one art option.*

OPEN HOUSE

August 28: Students are welcome to come with their parents to the school to meet the teachers, see their classrooms and get their locks.

Last Names:

A-L: 1:00pm-2:00pm
M-Z: 2:00pm-3:00pm

Boundary Blueprints

A Personal Growth Group

Lethbridge Family
Services
Since 1910
Counselling, Outreach
& Education



This group will support individuals in developing a greater understanding of how to set and maintain personal boundaries.

Through discussion and education, participants will explore how honouring their own, and others' boundaries plays a role in healthy relationships and maintaining mental health.

Tuesdays, 5:30 PM–7:30 PM

May 13 – June 3, 2025

LFS Counselling Office: 1098 3rd Ave North, Lethbridge

No cost to participate

Open to ages 18+

Please call by May 2 to schedule an intake

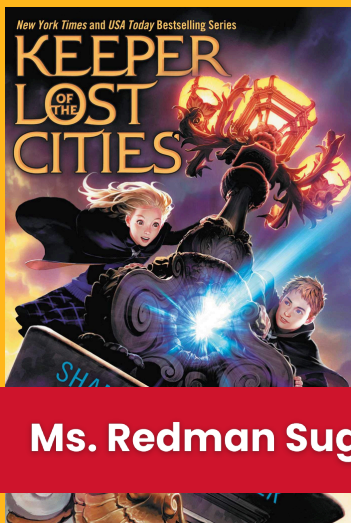


Contact the intake office at: 403-327-5724



LEARNING COMMONS CORNER

Welcome to the Learning Commons Corner! This is your go-to spot for all the exciting happenings in our Learning Commons at SJF. From new books to STEM challenges, there's always something fun and engaging happening in our space!



Ms. Redman Suggests



STEM Challenge: Constellation Creations!

 Can you design and build your own constellation using pipe cleaners and beads?

Instructions:

1. Choose a real constellation or invent your own! (You can provide star maps or let students get creative.)
2. Use pipe cleaners as the "lines" connecting the stars and beads as the "stars" in your constellation.
3. Make sure your constellation stays intact when held up!

Bonus Challenge:

- **Storytelling Twist:** Name your constellation and create a short myth or legend to explain its meaning!
- **Glow-in-the-Dark Upgrade:** Use glow-in-the-dark beads or paint to make your constellations shine!





SUMMER CAMP

MAGRATH, AB

JULY 28-AUG 2, 4-7, 2025

Sessions for students entering gr. 7-12 in the fall of 2025
\$150

LEAD COACH: SHANE ORR

REGISTER NOW



complete info on our website!
www.reachvolleyballcamp.com

CUBS
TOKO
DIARKS



COACH CODY



COACH CHRIS



STARS
Volleyball



EASTER CAMP

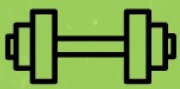
APRIL 21-25

7-9U 10-NOON 10-12U 1-4 PM

LIMITED SPOTS!

Register at STARSVBALL.CA





LETHBRIDGE
PARTNERED WITH HORNS REC.

YABBA

KIDS AND TEENS
FITNESS CLASSES FOR
AGES 3+



**6 WEEK PROGRAM STARTS
MARCH 14TH**

- **Teens: ages 8-13**
classes run Fridays at 4:50-5:30pm
- **Kids: ages 3-7**
classes run Fridays at 4:10-4:40pm

Classes will help youth learn proper lifting techniques, increase overall power and speed all while having a lot of fun. Lets help kids be strong, confident and so much more with the benefits of strength training

REGISTER NOW AND JOIN YABBA!!!!

Email yabbafitnessprogram@gmail.com to





WINSTON CHURCHILL INTERNATIONAL BACCALAUREATE PROGRAM

What is the IB program?

- an international program that encourages students to ask challenging questions, to critically reflect, to develop research skills, and to learn how to learn.

What is the IB program?

- Challenges students academically
- IB students learn a variety of skills (including time management, and organization)
- Learn with like-minded individuals
- Engage in a global curriculum
- Prepares you for life after high school, including a post secondary education

LEARN MORE ABOUT THE CHURCHILL IB PROGRAM

Grade 8 presentation at Senator Joyce Fairbairn Middle School on Tuesday March 4, 2025

12:30pm - 1:00pm in the Learning Commons



kindred
Realize the power of human connection

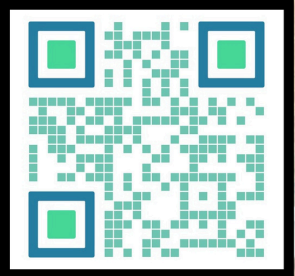
Alberta Wide Mental Health Services

Rapid Access Counselling (RAC)

- Anywhere in Alberta
- Low to no cost
- See a counsellor within 3 business days
- Single-session counselling
- Virtual, no travel required

Easy and accessible to get started

To book a session:
• Call 1-877-244-2360 (toll free), email intake@kindred.ca or scan our QR code.
Visit www.RACAlberta.ca.



Free Tutor Program

Would you like help in your school studies? The YMCA of Lethbridge is hosting a FREE tutor program for all subjects open to both high school and middle school students. The program will be held in the Upper Galleria at the Cor Van Raay YMCA.

Our tutor programs will be running Monday-Thursday from 4:30pm-7:00pm.

No membership required! For any questions, reach out to Arnaud at:

arnaud.sparks@lethbridgeymca.ca



Shine On