



DEC.02 - DEC.06 **SOAR**

Severe Weather Procedures

Athletics Calendar
Subject to change and refer to it often

BUS ROUTES

Mark Your Calendar

Nov. 15 - Dec. 2

Power school closed

Dec. 2

Report cards available on PowerSchool

Dec. 2

Term 2 Starts

Dec. 12

Winter Choral Concert

Dec. 18

Soaring into the Arts



WELCOME

As we wrap up the first term, thank you to our amazing families for your support! It's been a fantastic start, full of exciting learning, creative projects, and fun.

A big shoutout to our incredible option teachers for their dedication in making this term memorable. From STEM challenges to art creations, our students explored, grew, and discovered new passions. Here's to more learning and fun ahead!

SJF FINE ARTS PRESENTS...

SOARING INTO THE ARTS

DECEMBER 18th, 2024 | DOORS OPEN at 5:30
EVENT BEGINS at 6:00

Adults - \$10
Children - \$5

FESTIVE COOKIES \$1
Cash only!

Tickets available on SchoolCash Online

Click Here!

Check Your List Twice!

YEARBOOKS

are **ON SALE** now and COPIES ARE **LIMITED!**

PRICE: \$42.00
DEADLINE: FEB. 14

[CLICK LINK TO ORDER](#)

Grade 6 Book Club Creates a Winter Wonderland!

The Grade 6 Book Club at SJF adopted a shelf in the Learning Commons and transformed it into a magical winter wonderland! Led by Emma, Emily, and Eve, the students showcased their favorite books with snowflakes, glitter, and cozy touches, bringing the season to life. More than just a display, the project sparked a special friendship built on creativity, good books, and hot chocolate.





DEC.02 - DEC.06

SOAR



New School Apparel Alert! Now Featuring Fine Arts Apparel!

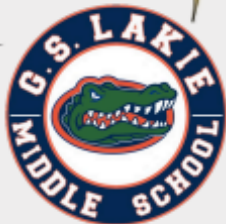


Show off your school pride with our brand-new gear, now available for purchase! From hoodies to tees, we've got you covered. 🦅💙



UPDATED GCLUB BASKETBALL PRACTICE SCHEDULE

DATE	TIME
November 22nd	11:45 to 1:00 PM
November 29th	11:45 to 1:00 PM
December 6th	11:45 to 1:00 PM
December 13th	11:45 to 1:00 PM
CHRISTMAS BREAK	No practice Dec.20th
January 9th	7:30 to 8:40 AM
January 10th	11:45 to 1:00 PM
January 16th	7:30 to 8:40 AM
January 17th	11:45 to 1:00 PM
January 23rd	7:30 to 8:40 AM
January 24th	NO PRACTICE
January 30th	7:30 to 8:40 AM
January 31st	NO PRACTICE (PD Day)
FEBRUARY 7th	11:45 to 1:30 (WRAP-UP)



Middle School Wrestling!



\$170 +GST

STARS Volleyball

COACH CHRIS COACH TYRA

Cubs to Kodiaks

"Intro to Volleyball"

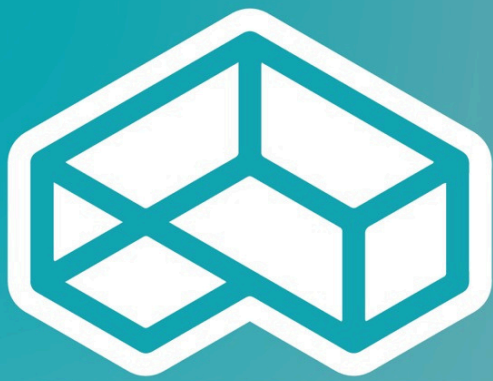
9U (Grades 1-3) & 12U (Grades 4-6)

Starting January 17th

REGISTER TODAY AT STARSVBALL.CA

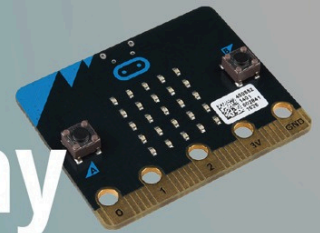
MORE INFO



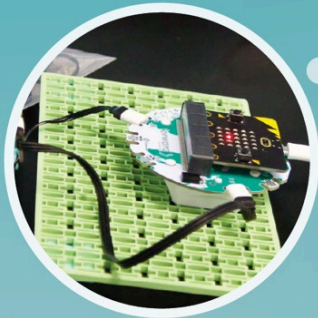


**ARCONIC
STEM Club**

4 Friday Afternoons



Hands on activities to explore the world of STEM!



Design Challenges



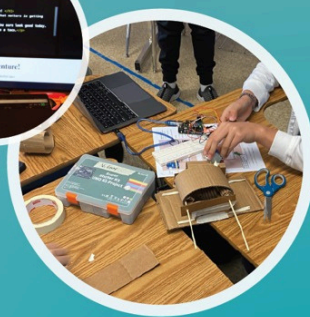
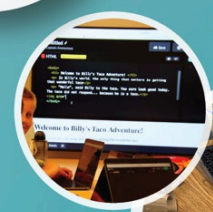
**SIGN UP
THIS TERM**

Building



*Coding
micro:bits*

*Biomedical
Design*



Take home the tech you use!

4 afternoons at your school,
PLUS a STEM Day @ the U of L





kindred
Realize the power of human connection

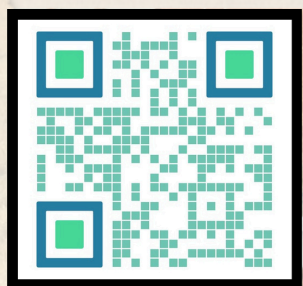
Alberta Wide Mental Health Services

Rapid Access Counselling (RAC)

- Anywhere in Alberta
- Low to no cost
- See a counsellor within 3 business days
- Single-session counselling
- Virtual, no travel required

Easy and accessible to get started

To book a session:
• Call 1-877-244-2360 (toll free), email intake@kindred.ca or scan our QR code.
Visit www.RACAlberta.ca.





Dear Parents and Guardians

Join us for the annual "SOARing into the Arts" Festival at Senator Joyce Fairbairn Middle School, where creativity takes flight! The event will be held on December 18th, starting at 5:30pm. This vibrant event showcases the incredible talents of our students across a variety of fine arts options, including choir, band, industrial arts, sewing, visual arts, drama, and culinary arts. Attendees will enjoy performances, art displays, and delicious creations that highlight the hard work and passion of our students. It's a perfect opportunity to celebrate the diverse talents within our school community and inspire future artists. Come out and experience the joy of creativity—let's soar together into the arts!

Thank you for your support as we celebrate another great school year!

Best regards,

Keith Miller

Amelia Livingstone-Fenz

Rachelle Fairs

Kyle Harmon

Hayley Platz

Brittany Booth

Tanner Lapointe

Sheanne Johnston

Megan Schaaf

SJF Fine Arts Team



**Alberta Health
Services**

Child, Youth & Family
Addiction and Mental Health

Healthy Albertans.
Healthy Communities.
Together.

In Person ADHD Parent Group

This is an educational group for parents and caregivers who want to learn about ADHD. The purpose of this group is to provide current introductory information around ADHD. This closed group consists of five ninety-minute sessions on these topics:

- What is ADHD and how to talk to you child/teen about it
- How medication, nutrition, exercise, and sleep impact ADHD
- How ADHD impacts self-regulation and the importance of co-regulation
- Tools for parenting a child/teen with ADHD
- Navigating school systems and community services

Upcoming Dates and Location

Tuesdays, November 5 – December 3, 2024, from 6-7:30 p.m.

Child, Youth and Family Addiction and Mental Health Clinic
Melcor Centre (Suite 120A 200 - 4 Ave. So.)

**To register, call Access Addiction & Mental Health
1 888 594 0211**



Sign Up Now!



@Lethbridge_Wrestling



902-225-1305



Lethbridgewrestling@gmail.com



Middle School Wrestling!

When & Where



October 28th - March 15th
Excluding holidays



Mon, Wed, Thurs
7-9 PM



**LETHBRIDGE COLLEGIATE
INSTITUTE**

Registration details can be found through the link in our profiles @Lethbridge_Wrestling. More details are included like what to expect and the practice schedule available in registration including payment method(s). Registration includes 1 Lethbridge Wrestling sweater per participant and all regular practices.

REGISTRATION LINK:



**"AFTER WRESTLING
EVERYTHING IS EASIER."**



@Lethbridge_Wrestling

Introduction

Welcome to the Lethbridge Wrestling Program, where strength, agility, and resilience are built from the ground up. Are you ready to discover a sport that challenges both the body and mind, while fostering lifelong skills and friendships? Wrestling is more than just a sport; it's an empowering journey that teaches many valuable life skills. Join us, and step onto the mat to unleash your potential and become part of an incredible community! All teams train under one roof in Lethbridge, we like to say "iron sharpens iron".



What You'll Learn



Physical Fitness and
Coordination
Discipline and Focus



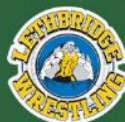
Confidence and Self-
Esteem



Teamwork and
Sportsmanship



Supported by:



Our Coaches

Learn from the Best

Our wrestling programs are guided by trained and NCCP certified coaches who bring their elite-level experience and passion for wrestling to every practice. These accomplished mentors not only teach the technical aspects of the sport but also inspire young athletes to love their sport and in turn their lives and to see every hurdle as an opportunity to learn. Training under the supervision of our coaches offers our participants a unique opportunity to learn from those who understand the journey firsthand and can provide invaluable insights into what it takes to succeed.

Free Tutor Program

Would you like help in your school studies? The YMCA of Lethbridge is hosting a FREE tutor program for all subjects open to both high school and middle school students. The program will be held in the Upper Galleria at the Cor Van Raay YMCA.

Our tutor programs will be running Monday-Thursday from 4:30pm-7:00pm.

No membership required! For any questions, reach out to Arnaud at:

arnaud.sparks@lethbridgeymca.ca



Shine On



November

2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 G-CLUB VOLLEYBALL 11:45-1pm Rep Volleyball Zones	2 Rep Volleyball Zones
3 Rep Girls 3:45-5 Rep Boys 3:45-5	4	5 LSAA Q-Finals TBA	6 LSAA Semi/Finals @ Prairie Winds School	7 SCHOOL DANCE	8	9
10 NO SCHOOL	11	12 PL DAY- NO SCHOOL FOR STUDENTS	13 GR. 7/8 BOYS TRY-OUTS 3:45 GR. 7/8 GIRLS TRY-OUTS 5:15	14 GR. 7/8 GIRLS TRY-OUTS 3:45 GR. 7/8 BOYS TRY-OUTS 5:15	15 GR. 6 CO-ED TRY-OUTS 11:45-1:00	16
17 INVITED gr. 6-8 BOYS 3:45 INVITED gr. 6-8 GIRLS 5:15	18	19 INVITED 6-8 GIRLS 3:45 INVITED 6-8 BOYS 5:15 GRADE 6 IMMUNIZATIONS- all day	20 *SJF BASKETBALL TEAMS FINALIZED REP BOYS 3:45 REP GIRLS 5:15	21 REP GIRLS 7:30-8:40am DEV Girls 3:45-5:15 DEV Boys 3:45-5:15 REP Boys 5:15-6:30	22 G-CLUB BASKETBALL 11:45-1PM	23
24 REP Boys 7:30-8:40am REP Girls 3:45-5:15pm *REP GIRLS AND BOYS PARENT MEETING 5:15- 5:45PM	25 REP GIRLS 7:30-8:40am DEV Girls 3:45-5:15 DEV Boys 3:45-5:15 DEV BOYS/GIRLS PARENT MEETING 5:15-5:45 REP Boys 5:15-6:30	26 REP BOYS 7:30-8:40AM DEV Girls 3:45-5:15 REP Girls 5:15-6:30	27 REP GIRLS 7:30-8:40am DEV Boys 3:45-5:15 REP Boys 5:15-6:30	28 REP WILSON TOURNAMENT- Boys and Girls G-CLUB BASKETBALL 11:45-1PM	29 REP WILSON TOURNAMENT- Boys and Girls	30

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