



Mark Your Calendar

Nov. 15 - Dec. 2

Power school closed

Dec. 2

Report cards available on
PowerSchool

Nov. 27

Peaks 8 & Half 7s

Nov. 28

Grade 8 Street Hockey

Nov. 29

Term 1 ends

Nov. 29

E-Sports Home Tournament

Dec. 12

Winter Choral Concert



NOV. 25 - NOV.29 **SOAR**



Severe Weather
Procedures



Athletics Calendar
Subject to change and refer to it
often



BUS ROUTES



Celebrating a Musical Visit at SJF

Last week, SJF was honored to host **Jaimee Jarvie (MMus, BMus)** as a guest clinician for our Grade 6, 7, and 8 choirs. An internationally acclaimed singer and renowned choral leader, **Ms. Jarvie shared her expertise and passion for music with our students**, inspiring them with her global experience and local talent. It was an unforgettable opportunity for our young vocalists to grow and shine!



Stay Warm, SJF Families!

As the temperatures drop, we want to remind everyone to dress for the weather. Layers, warm coats, hats, and gloves can make a big difference during these chilly days!

Please also take a moment to review our district's Severe Weather Procedures, linked above and here. Stay safe and cozy this winter!





NOV. 25 - NOV.29

SOAR

Yearbooks Are on Sale!

If you would like to purchase a yearbook this year, click the link below to secure your copy:

Featers

YEARBOOKS

On Sale Now!

Click Here!

ATTENTION PARENTS:

Don't forget to order your student's copy of the 2024-2025 yearbook! COPIES ARE LIMITED! Scan or CLICK the QR CODE to order yours NOW >>>



DEADLINE: FEB. 14, 2025 | COST: \$42.00



New School Apparel Alert! Now Featuring Fine Arts Apparel!



Show off your school pride with our brand-new gear, now available for purchase! From hoodies to tees, we've got you covered. 🐅💙



angel tree CHRISTMAS CAMPAIGN

Registration now open!

CHRISTMAS HOPE Christmas Hope For All

PLEASE VISIT WWW.LFSFAMILY.CA/REGISTER FOR FURTHER INFORMATION

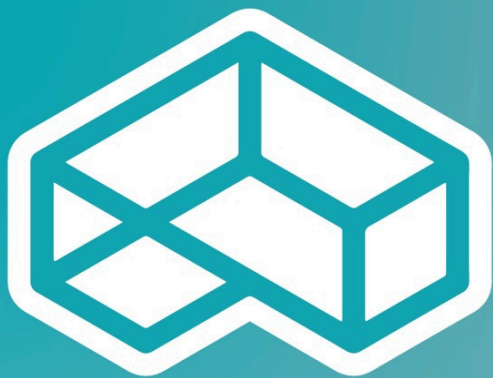


REGISTRATION CLOSES NOVEMBER 18, 2024



Middle School Wrestling!

MORE INFO

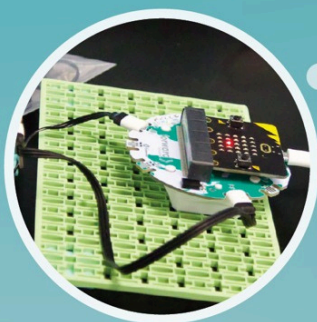


**ARCONIC
STEM Club**

4 Friday Afternoons



Hands on activities to explore the world of STEM!



Design Challenges

Take home the tech you use!

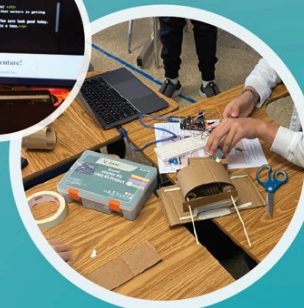
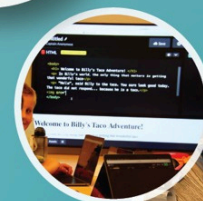
Coding micro:bits



SIGN UP THIS TERM

Building

Biomedical Design



4 afternoons at your school,
PLUS a STEM Day @ the U of L





kindred
Realize the power of human connection

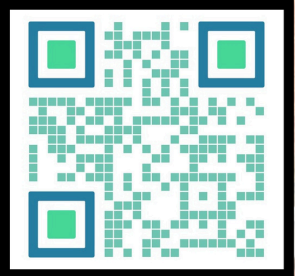
Alberta Wide Mental Health Services

Rapid Access Counselling (RAC)

- Anywhere in Alberta
- Low to no cost
- See a counsellor within 3 business days
- Single-session counselling
- Virtual, no travel required

Easy and accessible to get started

To book a session:
• Call 1-877-244-2360 (toll free), email intake@kindred.ca or scan our QR code.
Visit www.RACAlberta.ca.





Dear Parents and Guardians

Join us for the annual "SOARing into the Arts" Festival at Senator Joyce Fairbairn Middle School, where creativity takes flight! The event will be held on December 18th, starting at 5:30pm. This vibrant event showcases the incredible talents of our students across a variety of fine arts options, including choir, band, industrial arts, sewing, visual arts, drama, and culinary arts. Attendees will enjoy performances, art displays, and delicious creations that highlight the hard work and passion of our students. It's a perfect opportunity to celebrate the diverse talents within our school community and inspire future artists. Come out and experience the joy of creativity—let's soar together into the arts!

Thank you for your support as we celebrate another great school year!

Best regards,

Keith Miller

Amelia Livingstone-Fenz

Rachelle Fairs

Kyle Harmon

Hayley Platz

Brittany Booth

Tanner Lapointe

Sheanne Johnston

Megan Schaaf

SJF Fine Arts Team



**Alberta Health
Services**

Child, Youth & Family
Addiction and Mental Health

Healthy Albertans.
Healthy Communities.
Together.

In Person ADHD Parent Group

This is an educational group for parents and caregivers who want to learn about ADHD. The purpose of this group is to provide current introductory information around ADHD. This closed group consists of five ninety-minute sessions on these topics:

- What is ADHD and how to talk to you child/teen about it
- How medication, nutrition, exercise, and sleep impact ADHD
- How ADHD impacts self-regulation and the importance of co-regulation
- Tools for parenting a child/teen with ADHD
- Navigating school systems and community services

Upcoming Dates and Location

Tuesdays, November 5 – December 3, 2024, from 6-7:30 p.m.

Child, Youth and Family Addiction and Mental Health Clinic
Melcor Centre (Suite 120A 200 - 4 Ave. So.)

**To register, call Access Addiction & Mental Health
1 888 594 0211**



Sign Up Now!



@Lethbridge_Wrestling



902-225-1305



Lethbridgewrestling@gmail.com



Middle School Wrestling!

When & Where



October 28th - March 15th
Excluding holidays



Mon, Wed, Thurs
7-9 PM



**LETHBRIDGE COLLEGIATE
INSTITUTE**

Registration details can be found through the link in our profiles @Lethbridge_Wrestling. More details are included like what to expect and the practice schedule available in registration including payment method(s). Registration includes 1 Lethbridge Wrestling sweater per participant and all regular practices.

REGISTRATION LINK:



**"AFTER WRESTLING
EVERYTHING IS EASIER."**



@Lethbridge_Wrestling

Introduction

Welcome to the Lethbridge Wrestling Program, where strength, agility, and resilience are built from the ground up. Are you ready to discover a sport that challenges both the body and mind, while fostering lifelong skills and friendships? Wrestling is more than just a sport; it's an empowering journey that teaches many valuable life skills. Join us, and step onto the mat to unleash your potential and become part of an incredible community! All teams train under one roof in Lethbridge, we like to say "iron sharpens iron".



What You'll Learn



Physical Fitness and
Coordination
Discipline and Focus

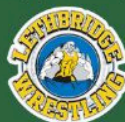


Confidence and Self-
Esteem



Teamwork and
Sportsmanship

Supported by:



Our Coaches

Learn from the Best

Our wrestling programs are guided by trained and NCCP certified coaches who bring their elite-level experience and passion for wrestling to every practice. These accomplished mentors not only teach the technical aspects of the sport but also inspire young athletes to love their sport and in turn their lives and to see every hurdle as an opportunity to learn. Training under the supervision of our coaches offers our participants a unique opportunity to learn from those who understand the journey firsthand and can provide invaluable insights into what it takes to succeed.

Free Tutor Program

Would you like help in your school studies? The YMCA of Lethbridge is hosting a FREE tutor program for all subjects open to both high school and middle school students. The program will be held in the Upper Galleria at the Cor Van Raay YMCA.

Our tutor programs will be running Monday-Thursday from 4:30pm-7:00pm.

No membership required! For any questions, reach out to Arnaud at:

arnaud.sparks@lethbridgeymca.ca



Shine On



November

2024

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|--|---|--|--|----------------------------------|
| | | | | | 1 G-CLUB VOLLEYBALL 11:45-1pm Rep Volleyball Zones | 2 Rep Volleyball Zones |
| 3 Rep Girls 3:45-5 Rep Boys 3:45-5 | 4 | 5 LSAA Q-Finals TBA | 6 LSAA Semi/Finals @ Prairie Winds School | 7 SCHOOL DANCE | 8 | 9 |
| 10 NO SCHOOL | 11 | 12 PL DAY- NO SCHOOL FOR STUDENTS | 13 GR. 7/8 BOYS TRY-OUTS 3:45 GR. 7/8 GIRLS TRY-OUTS 5:15 | 14 GR. 7/8 GIRLS TRY-OUTS 3:45 GR. 7/8 BOYS TRY-OUTS 5:15 | 15 GR. 6 CO-ED TRY-OUTS 11:45-1:00 | 16 |
| 17 INVITED gr. 6-8 BOYS 3:45 INVITED gr. 6-8 GIRLS 5:15 | 18 | 19 INVITED 6-8 GIRLS 3:45 INVITED 6-8 BOYS 5:15 GRADE 6 IMMUNIZATIONS- all day | 20 *SJF BASKETBALL TEAMS FINALIZED REP BOYS 3:45 REP GIRLS 5:15 | 21 REP GIRLS 7:30-8:40am DEV Girls 3:45-5:15 DEV Boys 3:45-5:15 REP Boys 5:15-6:30 | 22 G-CLUB BASKETBALL 11:45-1PM | 23 |
| 24 REP Boys 7:30-8:40am REP Girls 3:45-5:15pm *REP GIRLS AND BOYS PARENT MEETING 5:15- 5:45PM | 25 REP GIRLS 7:30-8:40am DEV Girls 3:45-5:15 DEV Boys 3:45-5:15 DEV BOYS/GIRLS PARENT MEETING 5:15-5:45 REP Boys 5:15-6:30 | 26 REP BOYS 7:30-8:40AM DEV Girls 3:45-5:15 REP Girls 5:15-6:30 | 27 REP GIRLS 7:30-8:40am DEV Boys 3:45-5:15 REP Boys 5:15-6:30 | 28 REP WILSON TOURNAMENT- Boys and Girls G-CLUB BASKETBALL 11:45-1PM | 29 REP WILSON TOURNAMENT- Boys and Girls | 30 |
| | | | | | | |