



Senator Joyce Fairbairn Middle School

November 29th

Dates to Remember:

Thursday November 30th

Rep Boys: 7:15am-8:30am

Dev Girls: 3:45-5:15pm
Rep Girls: 5:15pm-6:45pm

Friday December 1st

G-Club 11:45am-1pm
Rep Boys @ Lakie 1:30pm

Monday December 4th

Rep Boys 7:15-8:30am
Dev Boys 3:45pm-5:15pm
Rep Girls—5:15-6:45pm
REP BOYS PARENT MTG 4:45pm

Tuesday December 5th

Rep Girls 7:15-8:30am
Dev Girls: 3:45-5:15pm
Rep Boys: 5:15pm-6:45pm

Thursday December 14th

Glow in the snow : A Falcon
Fine Arts/CTF Festival

Big Brother Big Sisters Game On!/ Go Girls for Gr.6 Students

Big Brothers Big Sisters of Lethbridge and District is offering a mentor led group based program for Gr. 6 students.

It will be held over a 6 week period @ the school on Tuesdays from 11:30—12:30pm. It will go from January 23rd - March 5th (lunch will be provided for youth)

*If your child participated last year you will not have to fill out another form just contact Kevan.lomness@lethsd.ab.ca

If your child is new to Game On!/ Go Girls! Please fill out the attached consent form Kevan by email or at the office.

Please follow us on our Facebook page:

[Facebook](#)

Checkout our website as well to keep up to date

[Home | Senator Joyce Fairbairn Middle School \(lethsd.ab.ca\)](http://lethsd.ab.ca)

Angel Tree 2023

Does your family need support this holiday season? If so, register for **Angel Tree 2023**.



Registration deadline is December 8. Please visit the website for more information and the application. If you need assistance, contact Ms. Lomness or Ms. Kalau in the Wellness Center. [Lethbridge Family Services \(lfsfamily.ca\)](http://lfsfamily.ca)



Student Fees Are Due

All students fees are due,
please go to

[School Cash Online](#)

To pay any outstanding
fees.

Sign up today!

An easy way for parents to pay:
SchoolCashOnline

Student Contact Information

Please make sure all your contact
information is up to date for your
student. If you need to change
address or phone numbers please
email:

sjf@lethsd.ab.ca

to get an information change form.

Attendance

Please make sure to use Safe Arrival
when you know your student will be
away for a day or more.

Fine Arts Apparel

SJF has partnered with TeamOHMY to develop
Apparel for the fine arts and athletic programs, please
check out link below to order yours!



SJF Fine Arts Hoodie
C\$45.67



SJF Fine Arts Tee
C\$17.67



SJF Athletics Tee
C\$17.67



Falcons Athletics Joggers
C\$35.67



Fine Arts Toque
C\$19.67

<https://www.teamohmy.com/sjf-school>



Enmax Centre - Lethbridge, Alberta



Dear Parents/Guardians,

Big Brothers Big Sisters of Lethbridge and District is offering a mentor led group-based program for students in Grade 6. This program is called **Game On!/Go Girls**. The program consists of facilitated sessions held over a 6-week period at the school. A schedule with exact dates and times will be sent home with your child prior to or on the first day of program. We are happy to be able to provide **lunch** for the youth in our programs, but are limited in our ability to accommodate all dietary restrictions.

GoGirls!/GameOn! is a group program that incorporates fun, educational games and activities designed to stimulate self-reflection and group discussion. The goal of this program is to provide your child with information and support to make informed choices about healthy lifestyles, mental and physical health, self-esteem, and communication skills.

Informed Consent (Site Based group program) - Parent

I hereby give permission to Big Brothers Big Sisters of Lethbridge and District to make available their service to my child. It is my understanding that the intention of the Agency is to offer my child an opportunity to participate in a group program lead by a responsible adult, (minimum 18 years old, however, where appropriate supervision takes place, the volunteer may be younger), I understand that all efforts will be made to select a responsible Mentor who will facilitate the group program. In consideration for this service and other valuable consideration provided to my child by Big Brothers Big Sisters of Lethbridge and District, I release the agency of all responsibilities and liabilities in connection to their services provided in good faith, to myself or my child. I permit the agency to release any relevant information, including my personal information, to Big Brothers Big Sisters of Canada and their insurers, as may be appropriate in connection with any legal proceeding, inquiry or risk thereof. I understand that the collection of personal information about me or my child will be held in strict confidence and is to be used solely for the purposes of administering the program. I further agree that information about my child may be shared, at the discretion of Big Brothers Big Sisters of Lethbridge and District, with the group facilitator so that my child's needs may be best met. I understand that this application is the property of Big Brothers Big Sisters of Lethbridge and District. I also agree that my child will participate in the Pre-Match Training Program administered by Big Brothers Big Sisters of Lethbridge and District.

I HAVE READ AND UNDERSTAND THIS AGREEMENT. BY SIGNING THIS AGREEMENT, I ACKNOWLEDGE THAT:

| | | | |
|--------------------------|--|------------------------------|--|
| Name of Child: | | Date of Birth: (MM/DD/YY) | |
| Name of Parent/Guardian: | | Identifying Gender: | |
| Email Address: | | Phone Number: | |
| Mailing Address: | | | |

I, _____, the parent/guardian of _____ hereby request Big Brothers Big Sisters service for my child. I give my child permission to participate in one or more group programs offered by Big Brothers Big Sisters of Lethbridge and District. I am aware of and understand the risks, dangers and hazards associated with the above service and agree such service is suitable for my child.

Signed at (time) _____ this _____ day of _____, 20____.

Parent/Guardian

Please return this form if your child has permission to participate in the GoGirls!/GameOn! program.

Fairbairn GG/GO Schedule SPRING 2024

Tuesday 11:30-12:30 PM

| January | | | | |
|---------|----|----|----|----|
| M | T | W | TH | F |
| 1 | 2 | 3 | 4 | 5 |
| 8 | 9 | 10 | 11 | 12 |
| 15 | 16 | 17 | 18 | 19 |
| 22 | 23 | 24 | 25 | 26 |
| 29 | 30 | 31 | | |

| February | | | | |
|----------|----|----|----|----|
| M | T | W | TH | F |
| | | | 1 | 2 |
| 5 | 6 | 7 | 8 | 9 |
| 12 | 13 | 14 | 15 | 16 |
| 19 | 20 | 21 | 22 | 23 |
| 26 | 27 | 28 | 29 | |

| March | | | | |
|-------|----|----|----|----|
| M | T | W | TH | F |
| | | | | 1 |
| 4 | 5 | 6 | 7 | 8 |
| 11 | 12 | 13 | 14 | 15 |
| 18 | 19 | 20 | 21 | 22 |
| 25 | 26 | 27 | 28 | 29 |

Session Date = Highlighted Date

Lunch is provided.

** Program will take place at Senator Joyce Fairbairn Middle School, located at, 301 Rocky Mountain Blvd.

Glow in the Snow!



Join us at the school for a magical night of music, food, and fun.
Get ready to experience the first-ever Glow in the Snow event!

December 14th, 2023 Doors open at 6:30pm

Senator Joyce Fairbairn Middle School

Tickets \$7 on SchoolCash Online!

#glowinthesnow #winterfun



Check Your List Twice!

YEARBOOKS

are **ON SALE** now and
COPIES ARE LIMITED!

PRICE: \$42.00
DEADLINE: FEB. 28

[CLICK LINK TO ORDER](#)



Multi-Culture and Diversity Newsletter

Dec 2023

Hanukkah (Jewish)



Dec 7-15- This Festival of Lights is celebrated for eight days. It begins previous sundown at 6pm. Approximately in 164 B.C., Maccabees, a small group of Jews fighting for religious freedom won victory over the Syrians. The legend goes to rededicate the temple, they found only one jar of holy oil and miraculously the candelabra remained lit for 8 days. An 8 candle menorah is lit.

Bodhi Day (Buddhist)

Dec 8- In Japanese Zen, Bodhi Day is called "Rohatsu" and is the observance of enlightenment of the historical Buddha. Zen monasteries observe this day with a meditation retreat lasting several days. On the last night of a Rohatsu sesshin, monks and students often sit in meditation until dawn, as the Buddha did 25 centuries ago.





Multi-Culture and Diversity Newsletter

Dec 2023

Posadas (Mexico)



Dec 16-24- A nine-day traditional celebration throughout Mexico. Processions of pilgrims go door to door asking for posada, which means shelter, commemorating the search by Mary and Joseph for shelter.



Yule (Wicca)

Dec 22- During the winter solstice – the longest night of the year, the rebirth of the sun which is life sustaining is celebrated. The Yule tree is decorated with fruit and candles are lit to represent the sun.





Multi-Culture and Diversity Newsletter

Dec 2023

Christmas Day (Christian)



Dec 25- This day celebrates Jesus Christ's birth over 2000 years ago. Customs include lighting candles, exchanging gifts and using evergreen decorations to celebrate this day, the most widely observed Christian festival of the year. In most communities it is a family day.



Kwanzaa (African-American/ Canada, USA)

Dec 26- A professor who wanted to encourage African Americans to celebrate their heritage started Kwanzaa's in California in 1966. Kwanzaa means first fruit in Swahili and is a harvest festival. Families exchange gifts and have African-style feasts. Seven-pronged candleholders are lit on each consecutive night for the seven principles: unity, self-determination, working together, sharing, purpose, creativity and faith. The celebration continues till January





Multi-Culture and Diversity Newsletter

Dec 2023

Rizal Day (Philippines)



Dec 30- This day commemorates the death of Jose Mercado rizal in 1896, a Philippine doctor and author whose books denounced Spanish administration. He was an inspiration to the Philippine nationalist movement.



Omisoka (Japan)

Dec 31- To usher in the new year, families clean their homes, eat toshi-koshi buckwheat noodles in the hope that one's life will be stretched out as long as these noodles. As midnight approaches, Shinto temples around the country begin ringing out the old year, sounding the temple bell 108 times, signifying the 108 human worldly desires removed by the striking of the bell. Most offices are closed Dec 30 - Jan 4 or Dec 29 - Jan 3.



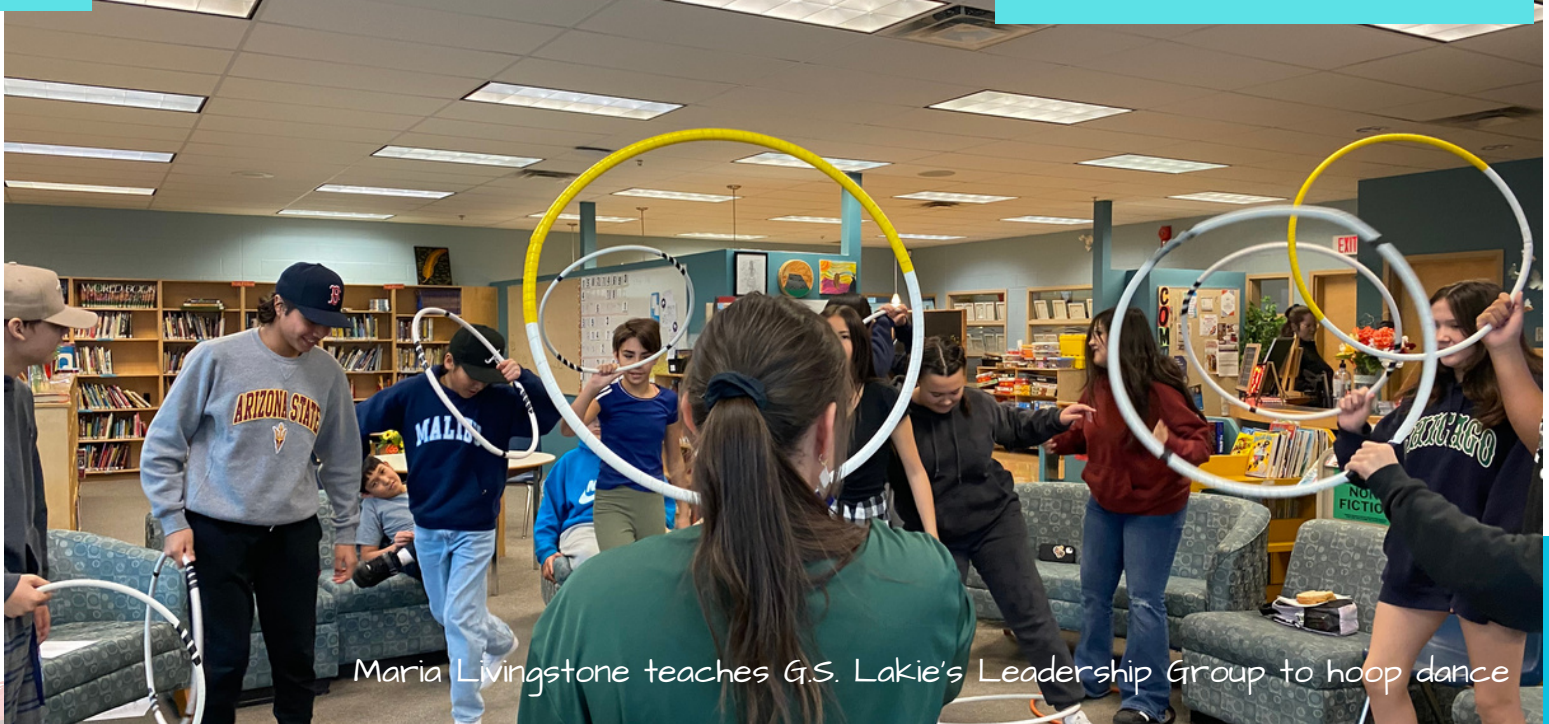
Reference

Khanna, A., Mody, P., Powers, S., Raza. R. (2023. Multicultural Calendar 2022. Toronto: O

MISAMIKO'KOMIAATO'S (MEE-SUM-EE-GOH-GOH-MEE-YAA-DOOS)

"Long Night Month"

DECEMBER 2023
INDIGENOUS
EDUCATION
NEWSLETTER



Maria Livingstone teaches G.S. Lakie's Leadership Group to hoop dance

OKI TO OUR MIDDLE SCHOOL COMMUNITY!

A message from Mrs. Christiansen:

Akaisstoyiwa! It's winter!

We made it to the last month of the year and I'm thrilled by all the exciting work that our middle schools are doing with their Indigenous Education efforts!

Word of the month:
I'taamomahkatoyiksistsiko!
(Happy Big Holy Day!)

aka Merry Christmas!

We'll see you at our next school visit!

IMPORTANT DATES:

Then & Now!

- Metis Bill of Rights Passed
Dec. 1, 1869
- Elsie Marie Knott, Canada's first elected female chief passed
Dec. 3, 1995
- Human Rights Day
Dec. 10

Looking for more Key Moments in Indigenous History?



Learning from the Horse Professional Development with teachers

NOVEMBER HIGHLIGHTS!

Check out what our Middle School's did this month!



Our Blackfoot Astronomy Science lesson was a hit this past month! We sent grade 6 students looking for Mioohpokoiksi (Pleiades) & Ihkitsikammiksi (The Big Dipper) at [G.S. Lakie](#), [Senator Joyce Fairbairn](#), and before the month is over we'll be visiting [Gilbert Paterson](#) too!

The grade 8's at [Senator Joyce Fairbairn](#) practiced Norval Morrisseau's Woodland Style Art for their Health Days!

The grades 7 & 8 foods class at [Immanuel Christian Secondary](#) learned about Blackfoot foods and made frybread!

The Indigenous Education team brought our travelling Metis Kit to classrooms in [Gilbert Paterson](#) and [Wilson Middle School](#) for Metis Week! Your Red River Carts were amazing Pookaiksi!

The Indigenous Education team brought our School's [Indigenous Education Reps](#) to Standoff, where Shane Little Bear taught us lessons from the Horse!

JUST FOR TEACHERS!



Winter time is a time for storytelling! Here are a few of Mrs. Christiansen's favourites!

NAPI & THE ROCK

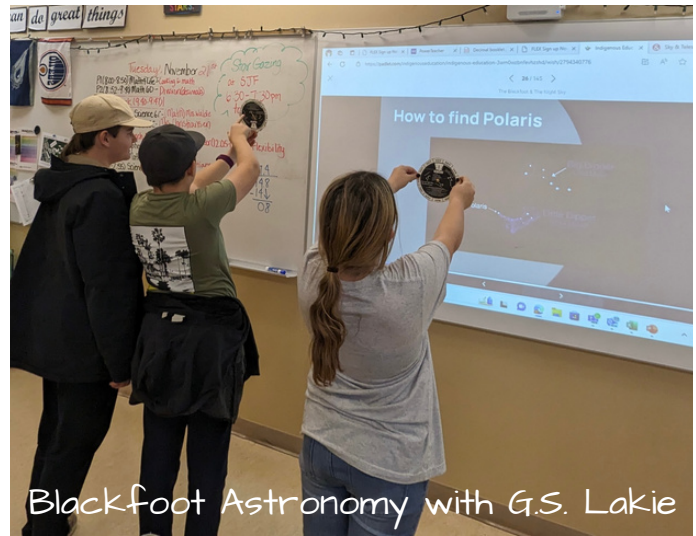
<https://www.heritagecalgary.ca/heritage-calgary-blog/mysteryofthebigrock>

THUNDER & RAVEN

https://www.glenbow.org/blackfoot/EN/html/traditional_stories.htm

THE FIXED STAR

<https://www.pref.kumamoto.jp/uploaded/attachment/126070.pdf>



Blackfoot Astronomy with G.S. Lakie

**Reach out to our
Indigenous
Education team
for tips on how
you can use these
stories to fit your
subject area
goals!**



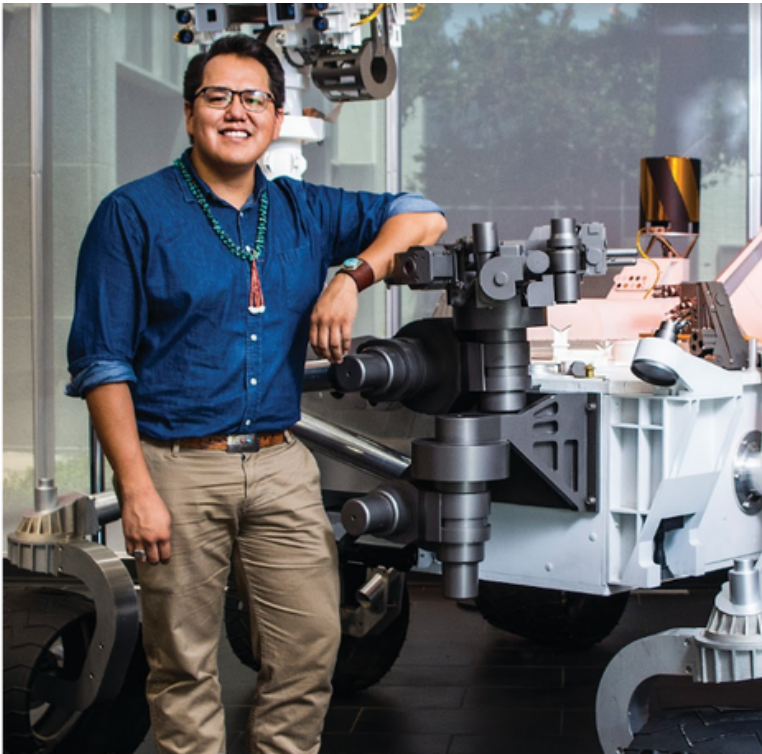
Woodland School Style Art with Senator Joyce Fairbairn

INDIGENOUS INNOVATION HIGHLIGHT!

Aaron Yazzie

Navajo, Arizona

Mechanical Systems Engineer at NASA Jet Propulsion Laboratory



Aaron Yazzie was born on the Navajo Reservation in Tuba City, Arizona in 1986.

He is currently a mechanical engineer at the NASA Jet Propulsion Laboratory in Pasadena, California, where he designs mechanical systems for robotic space research missions.

He has worked extensively on flight hardware for missions to Mars, including the Curiosity Rover and the Perseverance Rover.

In 2017, Yazzie was honored by the Navajo Nation Tribal Council for “contributions to service and inspiration to Diné [Navajo] youth and citizens,” and he received the NASA JPL Bruce Murray Award in 2019 for “promoting inclusion and excitement in science and education especially among Indigenous Communities.”

Full Story...



INDIGENOUS PEOPLE IN THE NEWS NOW!

Snotty Nose Rez Kids sign with Sony Music Entertainment Canada

The Haisla Nation rappers start their North American Tour November 28, 2023



Vancouver Indigenous Fashion Week has biggest show to date

Over four days, 40 models showed off the designs of 32 Indigenous artists



CHINOOK DANCE PROGRAM PRESENTS



NOV 29 - DEC 1 2023
@7:00PM
CHINOOK MEDIA CENTRE
ADULTS \$10
STUDENTS / SENIORS \$8

TICKETS AVAILABLE
ON SCHOOL
CASH ONLINE OR
AT THE DOOR

(POSTER DESIGN BY EMMA SULLIVAN)