



Senator Joyce Fairbairn Middle School

May 31st

Dates to Remember:

June 1st

LSD Indigenous Education Award
Banquet at 5:30pm–7:30pm

June 2nd

Grade 7 Heritage Fair

June 6th

Outdoor Sports 7 Kayak Trip

June 6th

Band Concert at 6:30pm

June 7th

Fairbairn Film Festival 7pm

June 7th–9th

Band Field trip to Edmonton

June 8th

Outdoor Sports 6 Kayak Trip

June 14th

Choir Concert

June 20th

Grade 6 PAT LA Part B
Grade 7 & 8 LA Final

June 22th

Grade 6 PAT Math Part A
Grade 7 & 8 Math Final



You're invited to the upcoming premier of "After School Thriller 2: Rise of the Darkness". A year after things got weird, students cope with the aftermath of some strange supernatural occurrences. Was it real? Or was it all in their minds? And if it was real, how will they

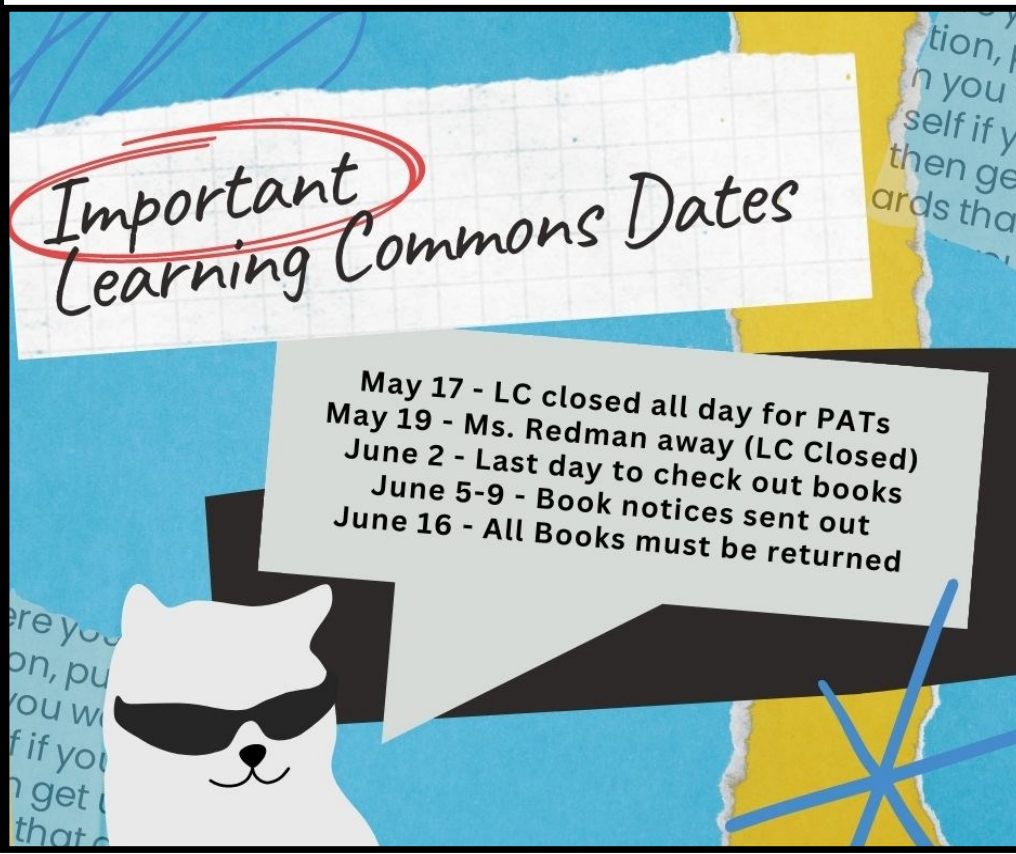
ever be able to live a normal life? An exciting sequel to After School Thriller, this is After School Thriller 2: Rise of the Darkness.

Tickets \$5

Pre-Purchase Tickets here: <https://lethbridge.schoolcashionline.com/>

Tickets are also available at the door *please note cash only.

The evening will begin on June 7th at 6:00pm, screening will begin at 6:30pm. There will be popcorn and water available for purchase from the Canteen. *Cash Only





**Senator Joyce Fairbairn
Middle School**

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LCI ARTS ACADEMY DANCE PRESENTS

Grade 12 Choreographic Works

SHOWTIMES

JUNE 6th @ 6:00 pm

JUNE 6th @ 8:00 pm

Sterndale Bennett Theatre

**Tickets available through
Yates box office**

1.403.329.SEAT

**LCI
Arts
Academy
Dance**



**Friday, June 23, 2023
3:00pm to 5:30pm**

**Canadian Western Bank Lounge at
ENMAX Centre
2510 Scenic Drive S. Lethbridge, AB**



Who Should Attend

- Youth ages 12 to 17
- Parents and Guardians
- Policy makers, Government Officials, Helping Professionals working with Youth

To register: Scan the QR Code or use the link below:



<https://www.eventbrite.com/e/voices-of-youth-mental-wellness-community-forumlethbridge-tickets-637899102387>

**Honorarium
gift card
\$40***

**JOIN US AND SHARE YOUR
THOUGHTS ON IMPROVING YOUTH
MENTAL HEALTH AND WELLNESS**



**VOICES OF YOUTH MENTAL
WELLNESS COMMUNITY FORUM**



**UNIVERSITY OF
CALGARY**

For Enquires: [CYMH.Coordinator@ucalgary.ca](mailto:CYM.H.Coordinator@ucalgary.ca)

SSHRC  **CRSH**

Project has been approved by the University of Calgary Conjoint Faculties Research Ethics Board (REB22-1642_MOD1) *Youth, parent/guardian who self-identified requiring child care, transportation or financial support will receive the honorarium gift card.



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Middle School

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NEW

Digital Detours

DIGITAL WELLNESS
DW

Scan me



LVC SUMMER CAMPS

U17/18 BOYS/GIRLS JULY 10-14

U15/16 BOYS/GIRLS JULY 17-21

U13/14 BOYS JULY 31-AUG 4

U13/14 GIRLS AUG 14-18

CUBS TO KODIAKS U9 JULY 31- AUG 4

CUBS TO KODIAKS U12 AUG 21-25

EXPERT COACHING 6-1 PLAYERS TO COACH RATIO

REGISTER AT WWW.LETHBRIDGEVOLLEYBALLCLUB.COM





ARE YOU ATTENDING LCI NEXT YEAR? JOIN US FOR A SCHOOL TOUR!

****For all grade 8 students
and their families****

TUESDAY, JUNE 20TH TOURS @6:00PM OR 7:00PM

- Guided walking tour of the school and learning spaces. Come see our amazing school before hand.
- Purchase LCI gear
- Please pre-register for the tour using the QR code provided



Tours are lead by LCI Leadership students. Meet in the front foyer (beside the cafeteria) and check in. Tours will begin on time so please don't be late!

ALL TANGLED UP

ARTIFICIAL INTELLIGENCE & THE FUTURE OF EVERYTHING

THURSDAY JUNE 1

600-800PM

GALT MUSEUM

LETHBRIDGE, ALBERTA

502 1ST STREET SOUTH

Salon 2023

-HOR D'OEUVRES-
-CATALYST DISCUSSION-
-DESSERT-

WITH
DR. PHIL MCRAE

**REGISTER
ONLINE**



\$10

TICKETS
(MAX. 4 PER
PURCHASE)

**LIMITED
SEATS**



- PRESENTED BY -



MULTI-CULTURAL AND DIVERSITY

Newsletter



RED EARTH FAIR (INDIGENOUS- CANADA AND USA)

June 1-3- cultural festival takes place in Oklahoma City for 3 days. Over 150 Native tribes from U.S. and Canada agther in downtown Oklahoma City to share and participate in their rich and diverse heritage through highest quality original art, drum and dance juried competitions.

GAWAI DAYAK (MALAYSIA)

June 1- This day marks the traditional rice harvest. Rituals are performed to express thanks to the spirits of the paddy with requests for a better harvest during the next planting season. It is an open house for friends and relatives with celebrations usually lasting three days.



FATHER'S DAY (CANADA, USA, and UK)

June 18- The origins of the day to honor fathers began in 1910, when Louise Dodd of Spokane, Washington, suggested to her minister that a day be set aside. Her own father was a Civil War veteran who raised his six children on the family farm after his wife died in childbirth. Interest in the day grew, and in 1966 a presidential proclamation established Father's Day as the third Sunday in June.



MULTI-CULTURAL AND DIVERSITY

Newsletter



National Indigenous Peoples Day

NATIONAL INDIGENOUS PEOPLES DAY (CANADA)

June 21- This is an event growing in importance in Canada when the outstanding contributions of First Nations, Inuit and Metis are recognized.



DRAGON BOAT FESTIVAL (CHINA, HONG KONG)

June 22- This day honours the patriot poet Chu Yuan who drowned himself in the Milo River, south of China in protest of the political injustice in 277 B.C. The villagers raced to the river and jumped into dragon boats but never found him. As they searched, they beat drums to scare off fish and dragons that might attack his mortal remains. It is a holiday celebrated by boat races in the shape of dragons.



DIA DE SAN JUAN (PUERTO RICO)

June 24- This day commemorates the island's patron saint, St. John the Baptist. People gather at the beaches in the afternoon. Then at midnight, they jump into the ocean backwards three times to symbolize baptism, immersion and new life. The celebration continues with families gathering to enjoy music, food and dancing.

MULTI-CULTURAL AND DIVERSITY

Newsletter



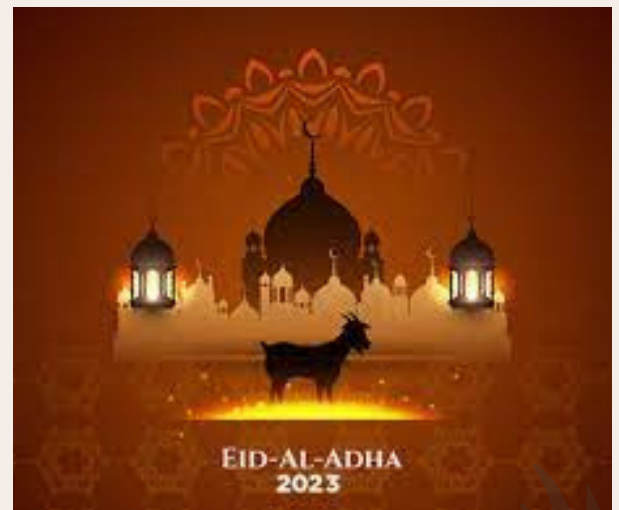
MULTICULTURALISM DAY (CANADA)

June 27- The Government of Canada officially recognized June 27th as Canadian Multiculturalism Day on November 13, 2002. This day acknowledges the contributions that various communities make to Canadian society and to celebrate the country's richness and diversity.



EID-ul-ADHA (ISLAM)

June 28- It concludes the Hajj and is a three-day festival celebrating Abraham's test of obedience to Allah when he was asked to sacrifice his son Ismael. At the last minute, Allah replaced Ismael with a lamb. Since Eid is determined by the first sighting of the new moon, the date varies by a day depending on whether the Saudi Arabian or North American sighting is being observed. This calendar follows the North American dates which is a day later.



Stonewall Rebellion Day (LGBT)

June 28- This day commemorates the U.S. anniversary of the protest against police harassment in New York City's Greenwich Village in 1969. The event has been commemorated by a Pride Parade each year in New York City on the last Sunday in June. Events and Pride Parades are held in many metropolitan cities throughout the United States and Canada.

Reference

Khanna, A., Mody, P., Powers, S., Raza. R. (2023). Multicultural Calendar 2022. Toronto: O



MHCB'S SUMMER FUN CALENDAR

Alberta Health
Services
Mental Health
Capacity Building

Lethbridge
SCHOOL DIVISION

MHCB Wellness Team

Learn more
about MHCB:



Instagram: @MHCB_LETHSD
Facebook: MHCBLETHSD
Twitter: WELLNESS51



July 2023

Tue	Wed	Thu
4 Henderson Lake Park 10AM-1PM	5 Henderson Lake Park 3PM-6PM	6 Gyro Park 1507 10a Ave S 10AM-1PM
11 Wilson Middle School 10AM-1PM	12 Wilson Middle School 3PM-6PM	13 Legacy Park 10AM-1PM
18 Nicholas Sheran School Park 10AM-1PM	19 Nicholas Sheran School Park 3PM-6PM	20 SJF Middle School Skate Park 10AM-1PM
25 Lakeview Elementary 10AM-1PM	26 Lakeview Elementary 3PM-6PM	27 Nicholas Sheran Spray Park 10AM-1PM

August 2023

Tue	Wed	Thu
1 Senator Buchanan School 10AM-1PM	2 Senator Buchanan School 3PM-6PM	3 Westminster Pool 10AM-1PM
8 Coalbanks School 10AM-1PM	9 Coalbanks School 3PM-6PM	10 Crossings Park 10AM-1PM

FREE AND FUN OUTDOOR ACTIVITIES!

Tuesdays & Wednesdays MHCB will be joining our community partners for a larger event. Check out buildingbrains.ca/events for updates on these days. On Thursdays you will find the MHCB team & Building Brains offering hands-on activities with some fun goodies to take home. Find us on Facebook for updates!

JUNE 2022 - LONG RAIN MONTH

ITÓ'TSISAMSSOOTAAWA

Save the Date

June 11th: Métis Graduation

June 18th: Father's Day

June 21st: National Indigenous Peoples Day

June 22-23rd: Summer Solstice Festival Education Days

June 28th: Last day of school for students

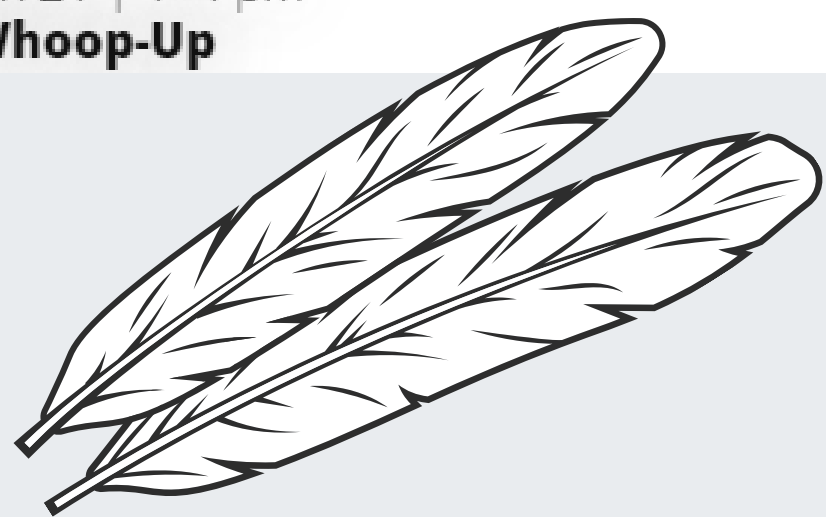
June 29th: Last day of school for teachers

June 21st is National
Indigenous Peoples Day! Here
are some events and resources
to explore!



Indigenous Peoples Day

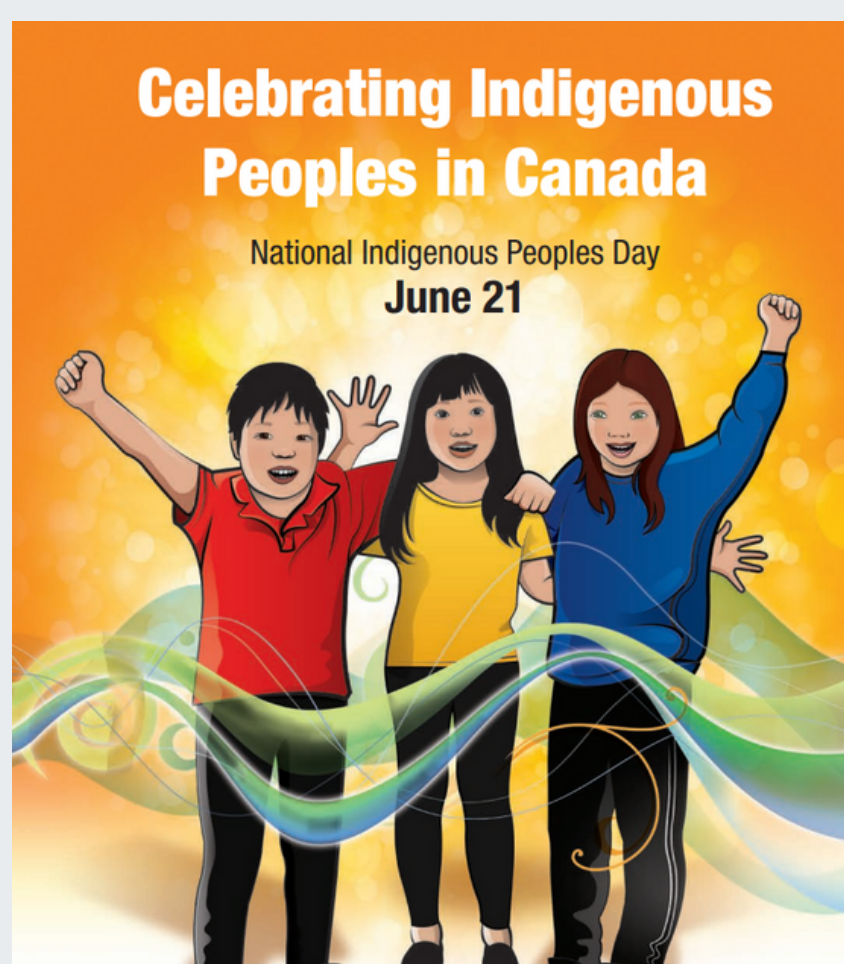
Wed Jun 21 | 1-4 pm
Fort Whoop-Up



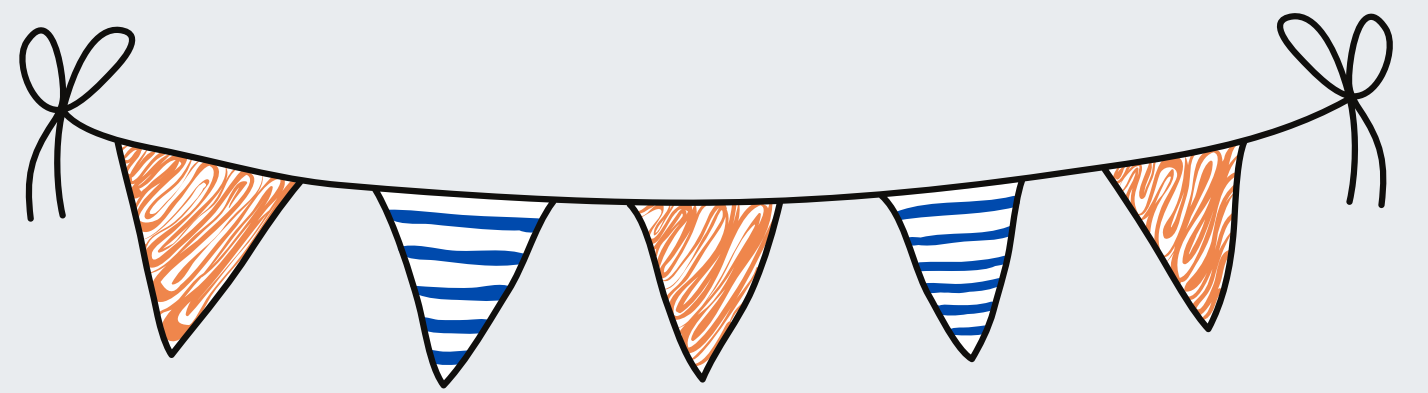
GoodMinds.com

First Nations, Métis, Inuit Books

Bound to Impress



HIGHLIGHTS



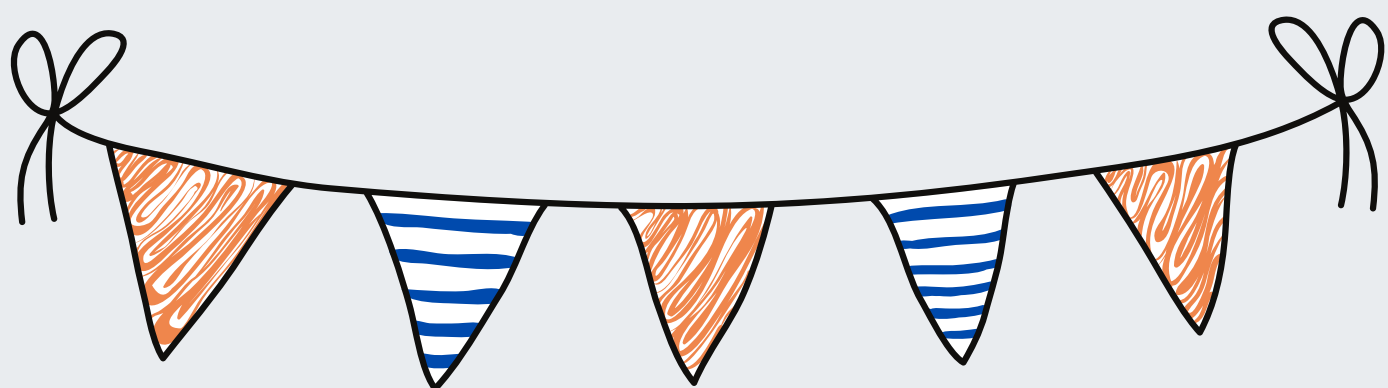
Sewing
Ribbon Skirts
@ WMS!!



Mini Handgames @
SJF



Indigenous
Grad!



THANK YOU!



Thank you for another amazing year of Indigenous Education, we appreciate all of your hard work! I have accepted a teaching position at Wilson Middle School next year, so I will no longer be in this role. I will miss working with all of you, but am excited for this next chapter! Have a wonderful summer, everyone!



Digital Detours

Digital balance, mental clarity



Digitally United

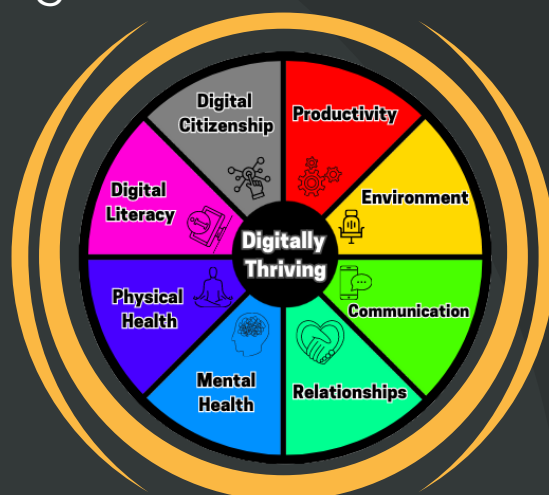
Digital Wellness Digest

Our school division's Digital Wellness Day (May 24th) united students from kindergarten to twelfth grade, offering interactive lessons, games, and discussions on digital well-being. Students gained knowledge around online safety, digital footprint, cyberbullying, and the impact of excessive screen time. The event fostered growth towards becoming strong digital citizens, build in reflection learning opportunities while using technology, and equipped students with tools for confident navigation of the digital landscape. It was a resounding success, emphasizing the importance of digital well-being.

Digitally Thriving

Empowering individuals to thrive in the digital age

Our team is dedicated to pursuing "Digital Thrival" by prioritizing digital well-being and growth around our key concepts. We provide research based knowledge, educational experiences, and innovative recommendations to equip individuals with the skills, tools, and attributes needed to harness technology's transformative power while prioritizing mental and physical health. Together, we can work to forge a path towards digital flourishing, enabling everyone to thrive in a connected world.





Digital Detours

Digital balance, mental clarity



Tech Titans

Bite sized tech insights

Student(s): Set aside time to look through your followers/friends list on your social media platforms. Make intentional decisions to unfollow or unfriend accounts that you do not regularly interact with, or accounts that do not enhance your wellbeing.

Educator(s): Declutter your email account by deleting emails that are taking up space in your inbox. Consider unsubscribing from automated emails that you do not engage with.

Wellness Building Pathways

- [Building the Adolescent Brain](#): Presentation by Dr. Robbin Gibb- Tuesday, June 6, 2023, 6:00 PM
- [Prioritizing Self Care For Educators/Parents](#): Presentation by April Prescott- Monday, June 19, 2023 4:00 pm (Webinar)
- *Titles are clickable links to register in sessions.

School Year Send Off

Thank you for your support!

We sincerely appreciate the families, staff, and students of Lethbridge School Division for embracing our Digital Wellness Team and incorporating us into their school communities. Your support has been invaluable in creating a culture of digital well-being. As summer break approaches, we encourage everyone to take time to reset, recharge, and enjoy. Our team eagerly awaits the new school year to continue evolving our digital wellness portfolio.



SCAN ME

"Balancing Screens, enriching lives"

Let's Connect

2023 BACK TO SCHOOL READY SET GO AND STUFF THE BUS



**AGAIN THIS YEAR, THE READY SET GO FAIR AND
MYCITYCARE'S STUFF THE BUS ARE JOINING
FORCES TO SERVE FAMILIES OF LETHBRIDGE
WITH BACK TO SCHOOL SUPPLIES**

**IF YOUR CHILDREN
ATTEND SCHOOL IN
LETHBRIDGE**

**IF YOU ARE NOT SURE
YOU WILL BE ABLE TO
AFFORD SCHOOL
SUPPLIES**

**THEN THIS PROGRAM IS
FOR YOU**



YOU CAN REGISTER :

**In Person @ Interfaith
Food Bank**

**In Person @
Lethbridge Food
Bank**

Online:

<https://tinyurl.com/43j6c4mv>



**Registration
Is Open**



May 15, 2023



Pick Up is 2pm-6pm



Aug 22- YMCA (74 Mauretania Rd W)

Aug 23- CASA (230 8th Street S)

**Aug 24- Rotary Picnic Shelter North (2801
30th Ave N)**

***Just a reminder. Supplies provided will be a standardized set of initial supplies that may or may not correspond with the specific school class supply lists**