

Senator Joyce Fairbairn

Middle School

2023-2024 Grade 8 Options



General Information for Options:

- The school year is divided into 3 terms and each term has 2 option blocks. This means students could potentially have six different options each year.
- Band is a FULL YEAR option. This means Band will take up 3 of the 6 option blocks. Choir is a 2 TERM option and will take up 2 of the 6 option blocks.
- Some options have a supplementary fee to cover material and supply costs.
- Students and parents should talk about which options to select ahead of time.

Reminders:

- This process does not prioritize preferred options, nor do we track who selects options or when. Once all selections are entered for all students, our software will populate as many students with their requested options as possible.
- Selecting more options than required is better than selecting fewer. It helps create flexibility if some options fill up before others.
- You will learn what options you will be taking in the fall when PowerSchool opens at the end of August.

PLEASE NOTE: Depending on student numbers, students' option selections, and teacher schedules, options courses may be created or cancelled.

Questions? Please call us at 403-381-2977, or email us at SenatorJoyceFairbairn@lethsd.ab.ca



ACTING FOR CAMERA

Lights, camera, action! Live theatre is great, but there is also another completely different world in dramatic arts. The world of film. This class will teach students the skills needed to become film actors as well as film makers. We will write screenplays and will have the opportunity to direct and star in short films. There will be a goal of a public performance with this class. Course Fee: \$20.00

ART

“Art does not reproduce what we see; rather, it makes us see.” – Paul Klee. In this class, you will use a variety of tools, techniques, and media to express your feelings, think artistically and value different art forms. Your creations will make others see, think, and feel differently about the visual world. As an artist, you will study the elements and principles of design as the basis for good composition in your own work and for appreciating the work of others. Course Fee: \$15.00

BAND

This option continues to focus and extend on the fundamentals of wind & percussion instruments that were taught in grade 7 band. Through individual growth and co-operative group interaction, students become confident musicians. Goals of the program include learning to play an instrument, learning to read music, learning music theory, and participating in public performances.

Additional Costs: Most students will privately rent from a local music store (flute, clarinet, alto/tenor saxophones, trumpet, and trombone). Percussion, bass guitar and larger wind instruments are rented from the school for a fee of \$90. All students pay an option fee of \$15 which includes a method book and folder that will be used for the year.

BASKETBALL

This option is designed for students who are passionate about basketball and want to be challenged to further their current skill level. In this class, students will bring their dribbling, passing, and shooting skills to the next level. We will be exploring advanced aspects of basketball that the typical PE class does not have time to get into, such as offensive floor spacing and help-side defense. If you love basketball and want to hone your skills, this is the option for you!

CHOIR (2 Terms)

Come as you are and make music with us! We will sing a wide variety of music, including current hits you have heard on the radio...and classics your parents and grandparents might have heard too!

Course Fee: \$20.00 (supplies & materials)



COMMERCIAL ART

In this class, artists will examine how artwork has influenced our culture. You will examine advertising and mass production of art through the media and fashion. You will explore a variety of techniques to create works based on popular art. Course Fee: \$15.00

DRIVER'S ED & CAREER EXPLORATIONS

Ready to start your driving journey? Become prepared to take your driver's learners license test and you will get ready for the road after learning fundamental rules of driving, best practices, and how to cope with various circumstances while behind the wheel. With safety as a key focus, you will develop decision making ability while studying real on road situations. You will also learn about traffic law, the Traffic Safety Act and related regulations. Test preparation will be a component of this class as well. This class will also help students develop an understanding of available career paths, educational requirements for various careers, your own aptitudes and skills, resume and cover letter writing, and job searching skills. This is an exciting way to plan your future and have a resume ready to get your first part-time job!

ESPORTS

Esports option is designed to introduce students to the world of esports and provide opportunities to develop teamwork skills through various gaming activities. Students will learn about the history of esports and the various types of games that are commonly played competitively. They will also be introduced to the basic concepts of game design, including strategies and tactics for different game genres. Through a variety of team-based activities and competitions, students will learn how to work collaboratively with others to achieve common goals. They will also develop important skills such as communication, problem-solving, and decision-making as they work together to overcome challenges and improve their gameplay. The course will focus on creating a positive and inclusive gaming environment that fosters sportsmanship, respect, and teamwork. Students will learn to be gracious winners and good losers, and to appreciate the value of teamwork in achieving success. Students will also focus on the physical and mental needs of ESport athletes as they learn how to create nutrition plans as well as fitness plan, that will be done during class time. By the end of the course, students will have gained a solid foundation in esports and developed important life skills that will serve them well in any future endeavor. Course Fee \$25.00



FOODS

Do you like food? Want to learn how to make food? This option will introduce you to all things culinary. Learn to talk like a chef, cook like a chef, and eat like a pro! Students will work in groups to create culinary delights and complete assignments to gain knowledge about kitchen safety, nutrition, simple meal planning, and food preparation techniques. By the end of this option, you will be “bacon” to be in the kitchen and have a greater understanding of the role food plays in our world! Course Fee: \$25.00

INDUSTRIAL ARTS – CONSTRUCTION

Students will develop fundamental hand and power tool skills to safely build projects out of solid wood and composite materials. Course Fee: \$30.00

INTRO TO DANCE ACADEMY

This class is designed to help prepare dancers for an audition process for example the LCI Dance Academy. We will work together, in creating and learning from guest choreographers, to create a dance showcase. There will be a goal of a public performance with this class. Course Fee: \$30.00

INTRO TO GUITAR

This class focuses on the fundamentals of guitar playing. Through individual growth and co-operative group interaction, students become confident musicians. Students will expand their skills in music notation reading, TAB reading and proper playing technique leading into fundamental chords. Styles will vary from classical to rock and a bit of everything in between. Performance opportunities may arise out of the work done in class. Course Fee: \$10.00

MATH ENRICHMENT

This class is for math lovers who want to level up their math skills before heading off to high school. Students in this course will explore middle school math concepts at a deeper and more challenging level. In addition, students will also learn about many high school math concepts to give you an edge and boost your confidence in the math classroom.



MODERN LANGUAGES

If you enjoyed learning Spanish and/or German last year or have an interest in different languages and cultures around the world, this class is for you. Explore different ways people communicate and interact based on unique cultures and histories and learn how they influence how we communicate and interact as well.

MIXED MEDIA ART EXPLORATION

In this class, you will create works using a variety of tools, techniques, and media. Using the elements and principles of design as a starting point, artists will examine mixed media artists and explore different ways to combine media as a basis for their own art. The main project for this course is completing a personal art journal. Course Fee: \$15.00

MUSICAL THEATRE

In the world of acting, it is great to be what is known as a triple threat; singer, dancer, and actor. Musical Theatre helps build those triple threat skills. This class will be working on the elements needed to put on a musical production, as well as preparing an audition for one. Students will be cast in and perform in the Fairbairn Spring Musical. There will be a goal of a public performance with this class. Course Fee: \$30.00

OUTDOOR EDUCATION

Outdoor Education is a student-centered program designed to enhance the participant's knowledge and skill in an outdoor setting, while prompting growth in student learning ability, self-confidence, and self-discipline. This activity centered course will help forge personal connections between course content and future career opportunities through unique challenges, discussions, and exposure to lifelong hobbies. Course Fee: \$30.00

SPORTS PERFORMANCE

In this class students will be active participants in a variety of sports settings. They will explore sports leadership opportunities within the school. This class is designed for students who are willing to cooperate with others while learning the positive impact of an active lifestyle.



TECH

Tech 8 provides students with a solid foundation in computers, photography, videography, coding, and drone flight. Using Adobe Photoshop students learn green screen techniques, photography skills, filters, effects, and text. Students then record their own videos and use Adobe Premiere Pro to cut, sequence, and add effects to produce high quality short films. Students use BBC Micro:bits to learn simple python and block coding. Finally, each student will complete a Drone Flight Project where they learn to safely take off, maneuver, record video, and land a school-owned drone. Drones include: DJI Mavic Air, Spark, Mavic Mini, and Mini-2 models. If you have any interest in technology, this is the class for you!

VOLLEYBALL

The goal of this class is to take students from a basic foundation of Volleyball to a more advanced understanding of the game. The class will be structured to encompass all skill areas of the game as well as officiating and scoring and game tactics (offense and defense).

YOGA

In this class students will participate in and explore the different components of Yoga and mindfulness. Students will engage in mindfulness, relaxation, strength and flexibility training. It will help students to understand and support their own unique needs, limitations and growth within their own bodies. This class is designed for students who will be mature and respectful to a practice that is based on a healthy mind, body, and soul.