



Senator Joyce Fairbairn Middle School

April 6th

Dates to Remember:

March 22nd

Registration forms have been
emailed out please return by
April 14th 2023

April 7th–April 17th

No School–Spring Break

April 18th

First Day Back!

April 27th


Grade 5 Parent/Student Open
House 7:00pm–8:00pm

Registrations for the 23/24 School Year

We are pleased to share that registration is now open for the 2023-2024 school year. Registration forms for students are mandatory for each school year as per Alberta Education so it is important that you complete this process. Completed digital registrations are


due by April 14th.

This information is necessary for class lists, student placements and staffing, and is time sensitive. We encourage you to complete this form early so we have all information needed for these processes. If you do not see the email in your inbox or junk folder, please contact the office by emailing: sjf@lethsd.ab.ca



**Senator Joyce Fairbairn
Middle School**

**Grade Five
Orientation Evening**



**Thursday, April 27th
7:00 - 8:00 PM**

Students and Parents Welcome

Grade 8 Highschool Information Nights

LCI

Parent /Student Night

April 18th

7:00pm in the Large Gym



Chinook

Parent /Student Night

April 19th

7:00pm





Rise of the Darkness: Trailer/Casting Announcement

It's Time! We are going to be going into production of the sequel to our 2022 SJF Production of After School Thriller. This one has more action, more drama, more really really bad jokes. If you're interested in performing watch till the end.



[Click Here to Watch the Trailer](#)



SENATOR JOYCE FAIRBAIRN
SCHOOL COUCIL PRESENTS

INTENTIONAL Living in a DIGITAL World

with speaker KAYLEE LOW_{RN}

Join us as we explore ideas for
healthier tech habits & meaningful
connection within our families.

7:00 - 8:00 pm Wednesday, April 26

SJF Atrium - 301 Rocky Mountain Blvd. W, Lethbridge

For ALL PARENTS (of children any age)
And YOUTH (12 yrs & up)

*This presentation will include sensitive topics with research material about the possible risks & effects of social media, pornography, sextortion, video game addiction, online predators, suicide, & sexting.



Noodles for Nourishment

**Dinner in Exchange for Food
Donations •**

Come enjoy dinner and support local food banks. Guests are asked to bring non-perishable food items and join us for drop-in dinner. Eat-in and take-out options available. Everyone is welcome.

April 12, 2023

5:30pm to 7:30pm

**115 Mount Blakiston Road
West, Lethbridge
The New Apostolic Church**



**No Reservations Needed
Everyone Welcome!**

Fairbairn Band Bottle Donations

Exciting news! The grade 7 & 8 Fairbairn band students are raising funds to help offset costs for a spring tour. Greens Pop Shop bottle depot (westside) is accepting donations for the program. Simply take recyclable donations to the westside depot and let them know that they are for the **FAIRBAIRN BAND PROGRAM!** The fundraising campaign will run from January to the end of May.

Thank you for your support.





Do you have shoebox full of old spools of thread or a cupboard full of fabric from 1993 that never turned into that project you intended? The Sewing Lab is looking for donations of fabric and thread! There are always students who can't afford to purchase their supplies, and we would gratefully take those forgotten fabric cuts and spools of thread off your hands.

The most needed items are fabric cuts of 0.5 meters or more in cotton, flannel, and fleece, as well as cotton fat quarters. Spools of thread of any color are also desperately needed.

No knits, heavy polyesters, or upholstery fabric, please.

-Mrs.Booth

REACH

**VOLLEYBALL
CAMP**

FOR BOYS &
GIRLS
GRADES 3-6

APRIL 10-13, 2023
9AM - 12PM
MAGRATH HIGH SCHOOL

\$100
PER CAMPER

Registration:
<https://bit.ly/2MXEYB6>

Website:
<https://bit.ly/2YvKlfo>

**Free
Math
Support**

We are offering free math help sessions for junior high and high school students every Tuesday from 3:30-6:00pm in the upper gallery at the Cor Van Raay YMCA.

For more information, email Arnaud at arnaud.sparks@lethbridgeymca.ca



Senator Joyce Fairbairn Middle School

Page 4

Come enjoy the **FASTEST**
sport in the world at the
Lethbridge Badminton Club



How is badminton
the **FASTEST** sport?

Badminton Shuttle 493km/h
Golf Ball 348km/h
Squash ball 281km/h
Tennis Ball 263km/h
Hockey Puck 183km/h
Ping Pong ball 112km/h
Info from <http://www.olympic.ca>



Contact us:



lethbadclub@gmail.ca



<http://www.lethbridgebadmintonclub.ca>



RITA'S RUN 2023

Saturday May 13, 2023

@ 9:00am

Elks Compound
Lethbridge AB



**5K AND 10K
RUN FOR THE CAUSE
BENEFITTING MENTAL HEALTH**

Registration opens February 6th
www.ritasrun.weebly.com

LETHBRIDGE ORCAS SUMMER SWIM CLUB



JOIN THE TEAM

The Lethbridge Orcas is a competitive swim team for
anyone ages 5+ interested in developing their
swimming skills and being part of a great team!

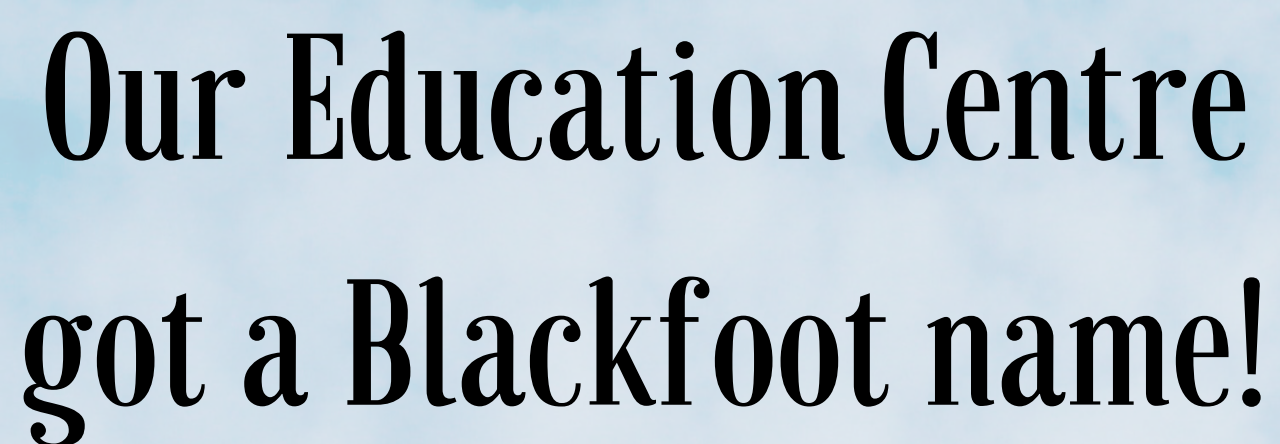
Season runs: May 1 – Aug 11

Visit our website for more information and to register.

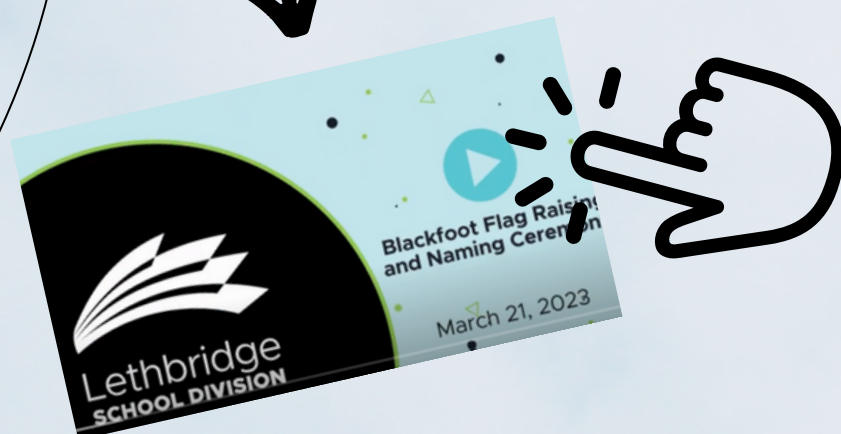


Registration Opens March 15th.

MATSIYIKKAPISAIKI'SOMM



Click to explore a map of the Elizabeth Hall Wetlands with Blackfoot place-based names!



Save the Date

April 6th: Blackfoot Drumming with Tyler Chief Calf @ The Galt Museum 10:30-11:30

April 7th-16th: Spring Break

April 8th/22nd: Land-based Learning Wetlands Tour (Registration Required @ Galt Museum) 6-7:15pm

April 12th: Métis Music and Jigging @ The Galt Museum 6-8:00pm

April 17th: Collaborative Communities

April 20th: Water is Life with William Singer III @ The Galt Museum 10:30-11:30

April 25th: Indigenous Education Policy with Dr. Tiffany Prete @ The Galt Museum 5-6:30pm

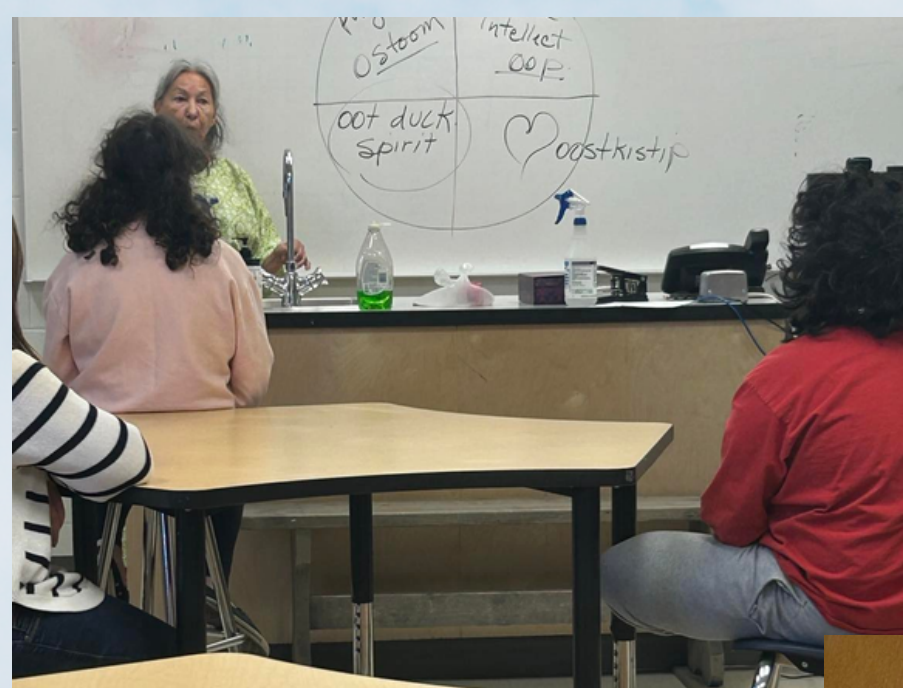
May 10th: Diabetes Run & Walk

May 11th: Moose Hide Campaign

March Highlights



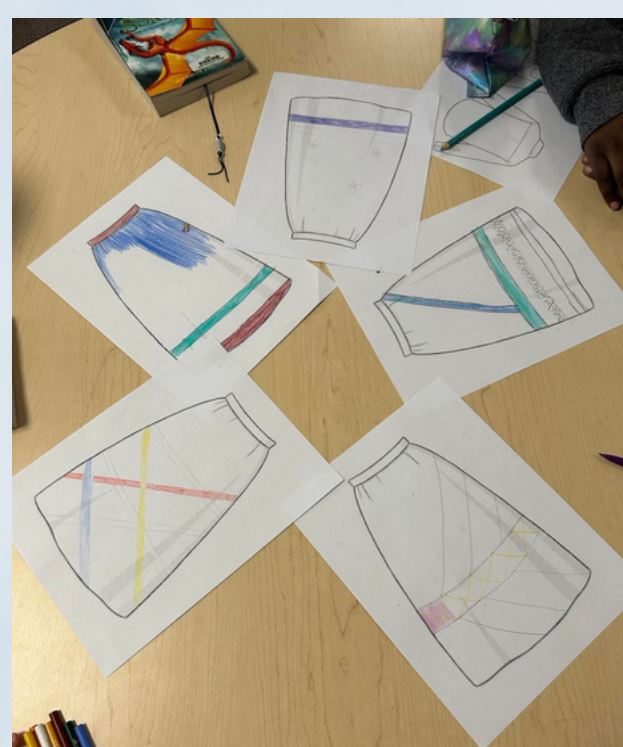
The bone game for pi day @ GPMS



Indigenous wellness workshop @ WMS



WMS students dancers at Churchill's culture showcase



Ribbon skirts @ ICSS





Digital Detours

Digital balance, mental clarity



Drumroll, please

Digital Wellness Team

Lethbridge School Division is proud to unveil its Digital Wellness Team ready to hit the ground running! Meet Cason Machacek, Digital Wellness Teacher, and Sydnie Erlendson, Family Support Worker—the duo is dedicated to ensure students, staff, and caregivers are educated, aware, and supported with purposeful, preventative, and proactive tech habits. With a true passion for wellness and connecting with the population of Lethbridge School Division, our team is itching to empower individuals to thrive in the digital world.



Powered Up Partnerships

Digital Wellness Team opportunities:

- Collaborative teaching to promote Health and Wellness outcomes in the classroom.
- Targeted small group intervention (FSW) to promote balance, health, and wellness in a personalized and unique manner.
- Generative dialogue opportunities aimed to explore how one can use digital tools intentionally and mindfully to enhance effective teaching and learning practices.
- Personalized inquiries and professional development opportunities to address requested areas of concern, growth, and potential within your school and this portfolio.





Digital Detours

Digital balance, mental clarity



Tech Titans

Bite sized tech insights

Student(s): encourage students to set screen time limits, use timers, and frequent breaks. Unplugging and recharging can improve attentiveness and awareness when using technology.

Educator(s): 20-20-20: After 20 minutes of screen time, take a break and gaze at an object at least 20 feet away from 20 minutes to reduce eye strain while using technology.

Wellness Building Pathways

- HPEC 2023: (Health & Physical Education Council) - May 4-6, 2023- Lethbridge, AB.
- Video game and youth- May 16- 4:00-6:00 PM - Free
- *Titles are clickable links to register in sessions.

Check It Out

Ignite your curiosity and explore the new horizons of the Lethbridge School Division's Digital Wellness portfolio, with our team's website. Here you'll find some of the innovative work our team will be embarking on within this evolving landscape.

*"Technology should improve your life,
not become your life" - Billy Cox*



SCAN ME

Let's Connect



2022/2023 SCHOOL YEAR

VIRTUALLY INSTALLED: LETHBRIDGE SCHOOLS. STUDENTS. ART.

SUBMISSION DEADLINE:
APRIL 21, 2 P.M.

THE ONLINE EXHIBITION WILL GO LIVE
ON MONDAY, MAY 1, 2023

Mr. Buzz, By Cody Kirkby

(2022 Virtually Installed
Co-ordinator's Pick
award winner)

