



Senator Joyce Fairbairn Middle School

February 8th

Dates to Remember:

February 13th

Badminton ID Camps

February 13th

Semi-Sweet Formal

7pm-8:30pm

February 14th

Last Day to order year books

February 15th

Pink Shirt Day

February 20th

Family Day - No School

February 21st-24th

Family Day Break- No School

Choir Fundraiser

Choir students will be participating in the "Singing For Our Soup" fundraiser for the soup kitchen on Wednesday, March 8th at Southminster United Church. This is the first year we've been able to participate in this annual fundraiser since 2019! The concert starts at 6:30 and students are asked to be sitting in their seats at 6:15. Choir students are required to wear "all black" for performance.

No tickets required. Monetary donations will be collected during the performance as they "pass the plate".

Badminton ID Camps

Badminton ID Camps start Monday February 13th see the poster below for dates and times. The practice schedule will be posted on the website here: [2023 Badminton Schedule](#)

BADMINTON ID CAMPS

Grade Six Girls	Grade Seven Girls	Grade Eight Girls
Mon. Feb. 13 3:45-4:45	Mon. Feb. 13 4:45-5:45	Tues. Feb. 14 7:30-8:30 AM
Wed. Feb. 15 5:45-6:45	Wed. Feb. 15 3:45-4:45	Wed. Feb. 15 4:45-5:45
Thurs. Feb. 16 4:45-5:45	Thurs. Feb. 16 7:30-8:30 AM	Thurs. Feb. 16 3:45-4:45
Fri. Feb. 17 11:45-12:45		Fri. Feb. 17 12:45-1:45

Last Day for Id Camps: Gr. 6 & 8: Fri., Feb. 17 - Gr. 7: Thurs., Feb. 16

Grade Six Boys	Grade Seven Boys	Grade Eight Boys
Tues. Feb. 14 3:45-4:45	Tues. Feb. 14 4:45-5:45	Tues. Feb. 14 5:45-6:45
Wed. Feb. 15 5:45-6:45	Wed. Feb. 15 3:45-4:45	Wed. Feb. 15 4:45-5:45
Thurs. Feb. 16 4:45-5:45	Thurs. Feb. 16 7:30-8:30 AM	Thurs. Feb. 16 3:45-4:45
Fri. Feb. 17 11:45-12:45		Fri. Feb. 17 12:45-1:45

FALCONS BADMINTON

SCHOOL DANCE
SEMI-SWEET FORMAL
MONDAY FEBRUARY 13TH
7:00PM-8:30PM

SJF STUDENTS ONLY
\$1.00 Heart
Lollipops & Water



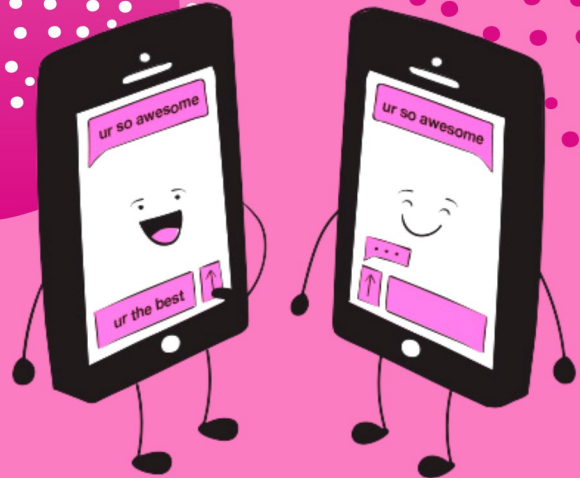
SEMI- SWEET FORMAL

MONDAY, FEBRUARY 13
7:00-8:30 PM

Dj: Sounds Unlimited
\$1.00: Heart Lollipop & Water
Sff: Students Only



Nice Needs



No Filter



Pink Shirt Day!

WEDNESDAY FEBRUARY 15TH 2023

Fairbairn Band Bottle Donations

Exciting news! The grade 7 & 8 Fairbairn band students are raising funds to help offset costs for a spring tour. Greens Pop Shop bottle depot (westside) is accepting donations for the program. Simply take recyclable donations to the westside depot and let them know that they are for the **FAIRBAIRN BAND PROGRAM!** The fundraising campaign will run from January to the end of May.

Thank you for your support.





DON'T

FORGET

Yearbooks

DON'T BE LEFT OUT ON YEARBOOK DAY!

PRICE: \$42.00 | DEADLINE: FEB. 14

CLICK LINK BELOW



**Free
Math
Support**

We are offering free math help sessions for junior high and high school students every Tuesday from 3:30-6:00pm in the upper gallery at the Cor Van Raay YMCA.

For more information, email Arnaud at arnaud.sparks@lethbridgeymca.ca

WINDY CITY BASKETBALL CLUB TRYOUTS 2023



BOYS TRYOUTS

U11 BOYS (BORN 2012/2013)

2 TRYOUTS

MONDAY, FEB. 13TH- 6:30-8:00PM
@ MIKE MOUNTAIN HORSE SCHOOL
TUESDAY, FEB 14TH- 6:30-8:00PM
@ DR GERALD B. PROBE SCHOOL

U13 BOYS (BORN 2010/2011)

2 TRYOUTS

MONDAY, FEB. 27TH- 6:30-8:00PM
@ MIKE MOUNTAIN HORSE SCHOOL
TUESDAY, FEB 28TH- 6:30-8:00PM
@ DR GERALD B. PROBE SCHOOL

U15 BOYS (BORN 2008/2009)

1 TRYOUT

WEDNESDAY, MARCH 8TH
8:15-9:45PM @CCH WEST CAMPUS

GIRLS TRYOUTS

U11 GIRLS (BORN 2012/2013)

2 TRYOUTS

MONDAY, FEB. 13TH- 6:30-8:00PM
@ ST. MARTHA SCHOOL
TUESDAY, FEB 14TH- 6:30-8:00PM
@ NICHOLAS SHERAN SCHOOL

U13 GIRLS (BORN 2010/2011)

2 TRYOUTS

MONDAY, FEB. 27TH- 6:30-8:00PM
@ ST. MARTHA SCHOOL
TUESDAY, FEB 28TH- 6:30-8:00PM
@ NICHOLAS SHERAN SCHOOL

U15 GIRLS (BORN 2008/2009)

2 TRYOUTS

WEDNESDAY, FEB. 15
8:15-9:45PM @CCH WEST CAMPUS
WEDNESDAY, MARCH 1ST
8:15-9:45PM @CCH WEST CAMPUS

Number of teams per age group will be based on number of kids at tryouts.

Club fees cover jerseys and shorts for each player, insurance, gym rentals, equipment and fees for 5 tournaments for U13 and U15 age groups and 4 tournaments for the U11 age group. Club fees do not include travel. If a coach registers your team for a tournament out of town, please be aware that you will be responsible for your child's transportation, meals, accommodations and supervision.

CLUB FEES

U11- \$475

U13/U15- \$575

*IF YOU CAN WEAR YOUR UNIFORM FROM LAST YEAR, \$75 WILL BE TAKEN OFF OF FEES

*PLEASE TRY ON OLD UNIFORMS PRIOR TO TRYOUTS SO WE CAN ORDER NEW UNIFORMS IF NEEDED.

TO REGISTER FOR TRYOUTS

Use the following link or the QR code to fill out the registration form.

<https://forms.gle/YsLkqK6t4P29VSup8>

Deadline for registration is Friday, February 10th.





LETHBRIDGE LITTLE LEAGUE

HOUSE LEAGUE BASEBALL REGISTRATION JANUARY 9TH TO MARCH 3RD

REGISTER NOW AT: www.lethbridgelittleleague.com



**ALL
THRILL
NO
CHILL**

ROLLER HOCKEY
LETHBRIDGE

YOUTH AND ADULT PROGRAMS

REGISTER ONLINE TODAY!

VISIT ROLLERHOCKEYLETHBRIDGE.CA FOR MORE
INFORMATION AND REGISTER FOR THE SEASON

CONTACT US BY EMAIL AT
INFO@ROLLERHOCKEYLETHBRIDGE.CA
OR BY PHONE AT 403.359.7898



SAVE \$10
USE DISCOUNT CODE

RHL5E87

Use the discount code above to
receive \$10 off your season fees.

2023 OUTDOOR SOCCER REGISTRATION

Online Registration opens February 1, 2023 – March 5, 2023



www.lethbridgesoccer.com

403-320-5425

Boys and Girls

U4 – U7 (Co-Ed) \$125.00

U9 & U11 (Male and Female Divisions) \$190.00

U13 - U18 (Co-Ed) - \$190.00

Season will run April – June 2023



LFC Competitive information available online at www.lethbridgesoccer.com or visit our Facebook Page at Lethbridge Soccer Association. LFC Registration for evaluations will open online February 1, 2023



CLUB BALL TRYOUTS 2023



U11 (Born 2012/2013)	Feb 25 & Mar 4	12:00-1:30 @ U of L
U13 (Born 2010/2011)	Feb 25 & Mar 4	4:00-5:30 @ U of L
U15 (Born 2008/2009)	Feb 28 & Mar 2	7:00-9:00 @ Plaxton Elem
U16 (Born 2007/2008)	Feb 15 & 16	7:00-9:00 @ Plaxton Elem

The U16 division is for higher caliber players. If players are eligible for the U15 division but would like to play at a higher level, they can tryout for U16. If they don't make it they can still tryout for U15.



U11 (Born 2012/2013)	Feb 25 & Mar 4	2:00-3:30 @ U of L
U13 (Born 2010/2011)	Feb 25 & Mar 4	6:00-7:30 @ U of L
U15 (Born 2008/2009)	Feb 27 & Mar 1	7:00-9:00 @ Plaxton Elem



Players will be expected to participate in all scheduled tryout dates for their division.

For more information about the club season including costs to be on a team and to register for tryouts go to: www.lethbridgebasketball.ca



LMBA will be hosting tryouts for our Express Basketball Club teams

AGE	TRYOUT DATES	LOCATION
U11 Boys (2012 or later)	March 4 (12:00 – 1:30)	U of L
U11 Girls (2012 or later)	March 4 (2:00 – 3:30)	U of L
U13 Boys (2010 or later)	March 4 (4:00 – 5:30)	U of L
U13 Girls (2010 or later)	March 4 (6:00 – 7:30)	U of L
U15 Boys (2008 or later)	Feb 28/Mar 2 (7:00 – 9:00)	Dr. Robert Plaxton School
U15 Girls (2008 or later)	Feb 27/Mar 1 (7:00 – 9:00)	Dr. Robert Plaxton School
U16 Boys (2007 or later)	Feb 15/16 (7:00 – 9:00)	Dr. Robert Plaxton School

****Tryout Fees** \$20**

Players are expected to attend all tryout dates associated with their age group.

FOR MORE INFORMATION ABOUT CLUB SEASON AND TO REGISTER FOR TRYOUTS PLEASE
GO OUR WEBSITE AT

WWW.LETHBRIDGEBASKETBALL.CA

Registration will be open starting February 1



Senator Joyce Fairbairn Middle School

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Come enjoy the **FASTEST**
sport in the world at the
Lethbridge Badminton Club



How is badminton
the **FASTEST** sport?

Badminton Shuttle 493km/h
Golf Ball 348km/h
Squash ball 281km/h
Tennis Ball 263km/h
Hockey Puck 183km/h
Ping Pong ball 112km/h

Info from <http://www.olympic.ca>



SCAN ME

Contact us:



lethbadclub@gmail.ca



<http://www.lethbridgebadmintonclub.ca>



RITA'S RUN 2023

Saturday May 13, 2023

@ 9:00am

Elks Compound
Lethbridge AB



**5K AND 10K
RUN FOR THE CAUSE
BENEFITTING MENTAL HEALTH**

Registration opens February 6th
www.ritasrun.weebly.com

LETHBRIDGE ORCAS SUMMER SWIM CLUB



JOIN THE TEAM

The Lethbridge Orcas is a competitive swim team for
anyone ages 5+ interested in developing their
swimming skills and being part of a great team!

Season runs: May 1 – Aug 11

Visit our website for more information and to register.



Registration Opens March 15th.

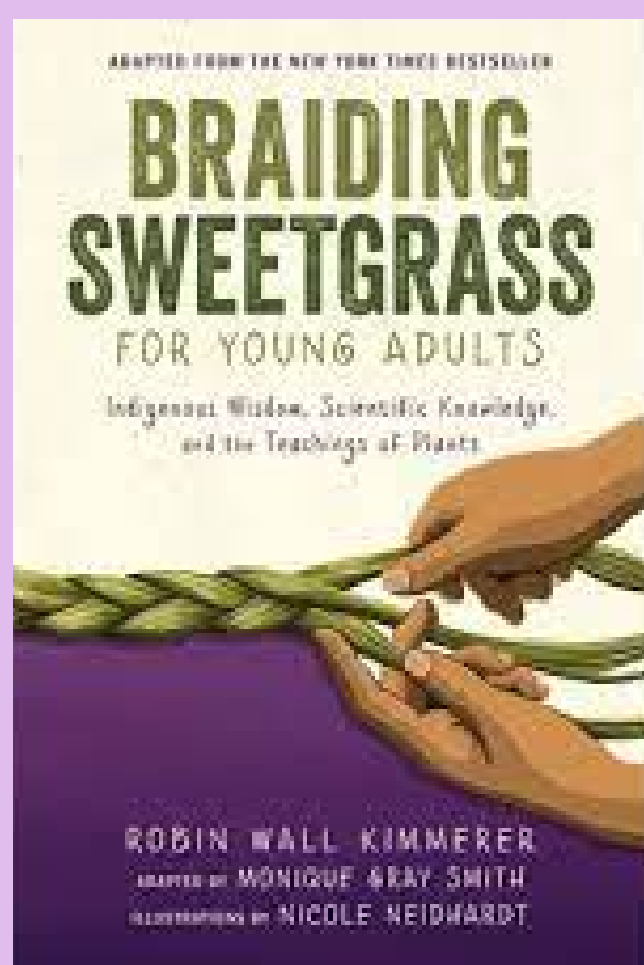
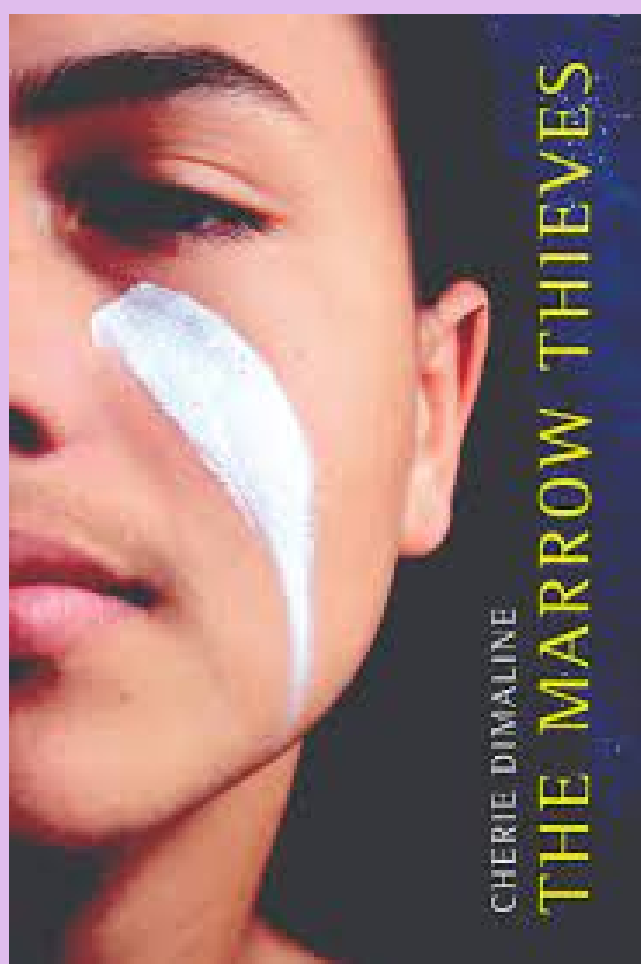
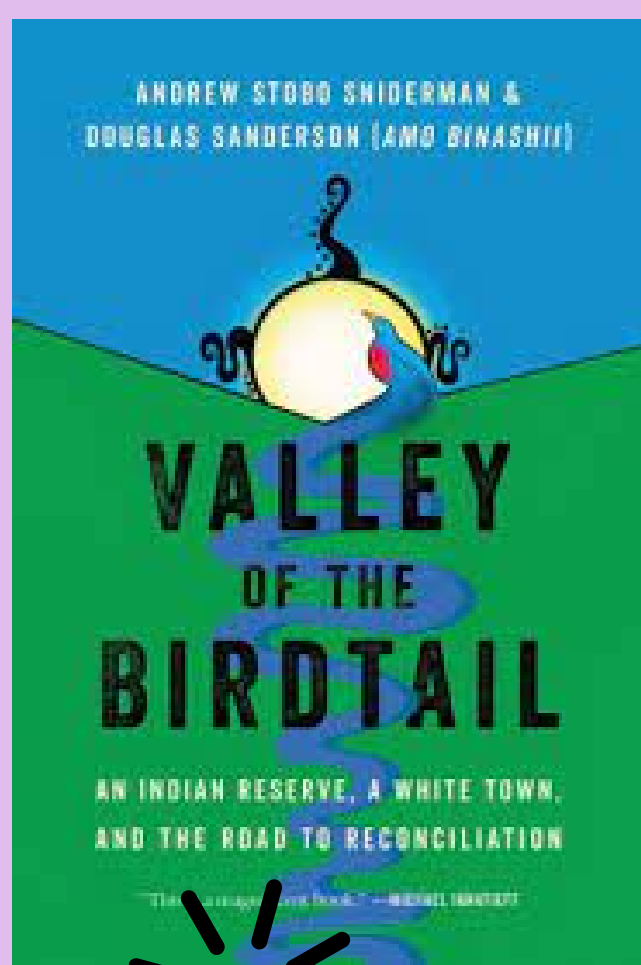
February 2023



Piitaiki'soom - Eagle Moon

Sawómmitsiki'somm - Deceiving Moon

Must Reads!



Click to watch the authors discuss the book: "Valley of the Birdtail: An Indian Reserve, A white town, and the road to reconciliation"

WHAT IS ALL MY RELATIONS?

- All My Relations is a couple/co-parent family prevention program, which can also be thought of as a family preservation program.
- All My Relations stems from The Supporting Father Involvement, Couples Group Curriculum which was developed by Kyle & Marsha Pruett, & Rachel Ebling, based on curricula by Carolyn Pape Cowan & Philip A. Cowan.
- The Supporting Father Involvement Program started in California & has been adapted into Alberta since 2011. Funding was provided to offer this exceptional program into the Blackfoot Communities since 2016.
- Every year that the groups continued, more & more success stories started to emerge from past participants & the need for this program has been voiced by our Elders.

Around Town

EXHIBITION

Jan 28

BLOOD TRIBE

No. 148

\$5

As long as the sun shines

Hali Heavy Shield – Postcards from the Rez

Exhibition Opening January 28, 7pm – 9pm Hali Heavy Shield – Postcards from the Rez Nato'yi'kina'soyi Holy Light that Shines Bright/ Hali Heavy Shield is a multidisciplinary artist and educator from the Blood Tribe (Kainai) of southern Alberta. Hali's work is influenced by experiences in her home community, including Blackfoot stories, significant sites, family, [...]

SERIES: Gallery Exhibition

DATE: January 28, 2023 - March 25, 2023

LOCATION: Casa - Saokitapi Gallery



Interfaith
Chinook Country Kitchen



All My Relations Indigenous Youth Cooking Program

This is a great opportunity for youth to cook many different recipes, including traditional recipes, learn from Elders, discover how nutrition is important for the mind, body, heart, and spirit and learn new skills in the kitchen.

7 sessions: Every Thursday from
February 16 - March 30, 2023
4:15pm-6:15pm

Each session provides:

- A recipe and all ingredients (plus extra to take home to your family)
- Information on nutrition
- Information on kitchen and food safety

Cooking classes create connections and help bring a sense of well-being to everyone!

For more information or to register please contact
Janine Jackson 403 320 4232 ext 215
or janine.jackson@famcentre.ca

Family Centre
Suite 225, 200-4 Ave.S.
Lethbridge, AB T1J 4C9
403-320-4232
Website: www.famcentre.ca

Facebook: [lethbridgefamilycentre](https://www.facebook.com/lethbridgefamilycentre)
Instagram: [familycentreyal](https://www.instagram.com/familycentreyal)
LinkedIn: [Family Centre Society of Southern Alberta](https://www.linkedin.com/company/Family-Centre-Society-of-Southern-Alberta)
Helpseeker: Family Centre

February 1 - April 12 from 5-8 @ Family Centre

Save the date

Feb. 7 - Town Hall Meeting: 6:30 @ Victoria Park High School

Feb. 14 - Women's memorial march from 12-1 @ City Hall

Feb. 14 - Mar. 18: Women's memorial art walk @ Coabanks trail - start at Helen Schuler

Feb. 15: Pink shirt day

Feb. 20 - Feb. 24: Reading Week

Feb. 25-26: International Peace Powwow

FY...

**U OF L
Has no
ROOM FOR
Hate.**



On February 1, 2023, the University of Lethbridge is hosting known Residential School denialist & Black Lives Matter denialist Frances Widdowson, who was fired from Mount Royal University in 2022 for her "hateful actions against the BIPOC community".

Widdowson's presence on campus is in clear violation of student safety & her use of facilities is paid for by students **without student consent**.

Join us in **peaceful protest** as we object the university's decision to give Widdowson a platform to speak.

WHERE/WHEN:
February 1, 2023
4:00 pm
Anderson Hall
Wear Orange & Bring Signs

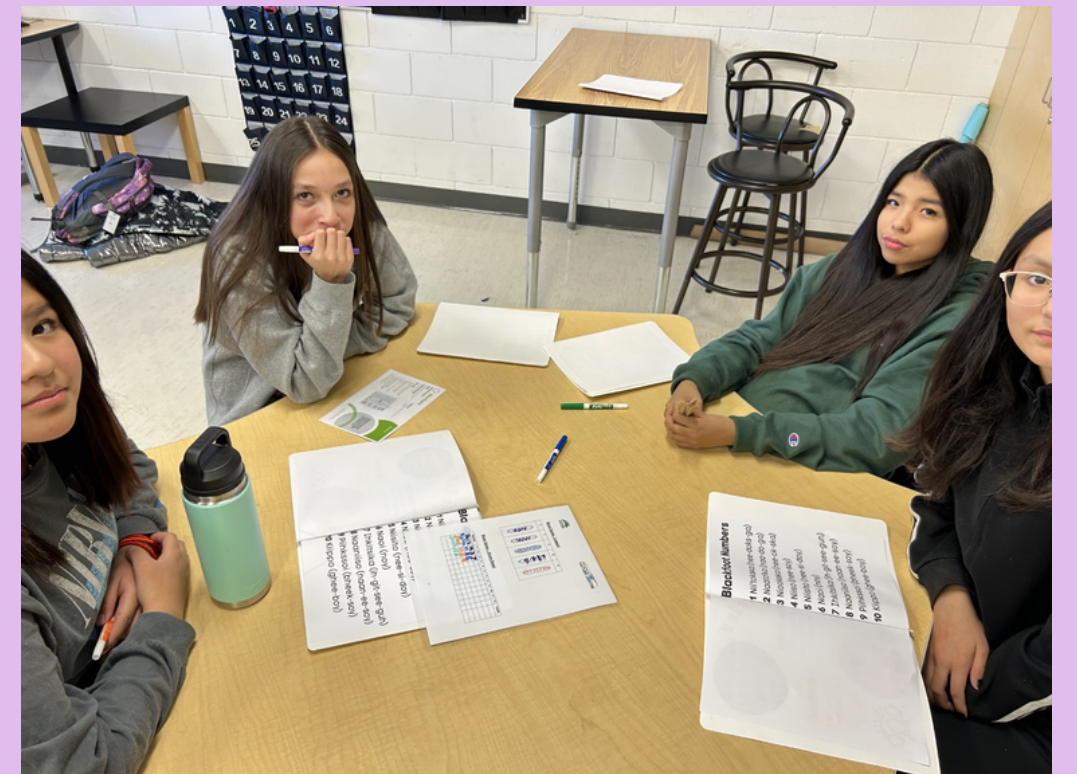
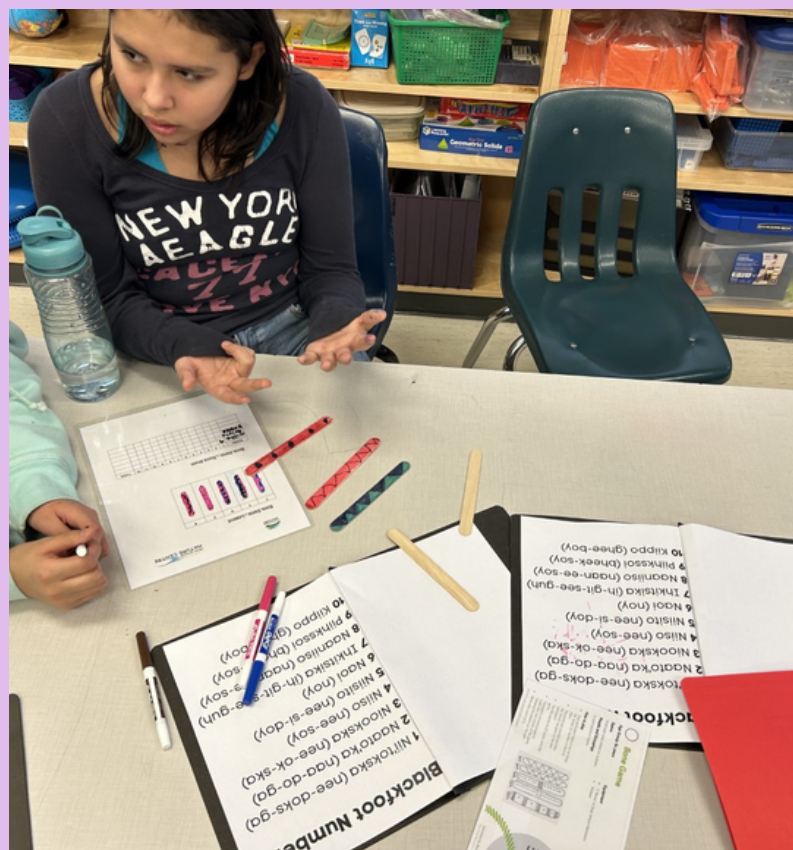
**READ ABOUT WIDDOWSON
HERE:**



@uofl_studentactionassembly

Highlights

Niitsitapiisiinnii Club @ WMS - practicing Blackfoot numbers with the bone game!



Showcasing the Blackfoot winter count and Indigenous books at family literacy night @ LCS

