

# Senator Joyce Fairbairn Middle School

## 2022-2023 Grade 8 Options



### General Guidelines for Options:

- Review the options descriptions and decide which ones are of interest.
- The school year is divided into 3 terms, each term having 2 option blocks. This means students could potentially have six different options each year.
- Band is a FULL YEAR option. This means Band will take up 3 of the 6 option blocks.
- Some options have a supplementary fee to cover material and supply costs.

**PLEASE NOTE:** Depending on student numbers, students' option selections, and teacher schedules, new courses may be created or cancelled.

## GRADE 8 OPTIONS AT-A-GLANCE

- Acting for Camera
- Art
- Band
- Basketball
- Commercial Art
- Driver's Ed & Career Explorations
- Foods
- French
- Guitar
- Improv
- Industrial Arts
- Intro to Dance Academy
- Mixed Media Exploration
- Musical Theatre
- Outdoor Construction
- Outdoor Education
- Playwriting
- Sport Performance
- Stage Make-up
- Tech
- Volleyball
- Yoga

### **What you need to know and do**

1. Read through the attached information.
2. Make sure you have access to PowerSchool, either through the student or parent portal. Your school's administrative assistants can help you with this.

### **Reminders:**

- This process does not prioritize preferred options, nor do we track who selects options when. Once all selections are entered for all students, our software will populate as many students with their requested options as possible.
- Selecting more options than required is better than selecting fewer. It helps create flexibility if some options fill up before others.
- You will learn what options you will be taking in the fall.

## **ACTING FOR CAMERA**

Lights, camera, action! Live theatre is great, but there is also another completely different world in dramatic arts. The world of film. This class will teach students the skills needed to become film actors as well as film makers. We will write screenplays and will have the opportunity to direct and star in short films. There will be a goal of a public performance with this class. Course Fee: \$10.00

## **ART**

“Art does not reproduce what we see; rather, it makes us see.” – Paul Klee. In this class, you will use a variety of tools, techniques, and media to express your feelings, think artistically and value different art forms. Your creations will make others see, think, and feel differently about the visual world. As an artist, you will study the elements and principles of design as the basis for good composition in your own work and for appreciating the work of others. Course Fee: \$15.00

## **BAND**

This option continues to focus and extend on the fundamentals of wind & percussion instruments that were taught in grade 7 band. Through individual growth and co-operative group interaction, students become confident musicians. Goals of the program include learning to play an instrument, learning to read music, learning music theory, and participating in public performances.

Additional Costs: Most students will privately rent from a local music store (flute, clarinet, alto/tenor saxophones, trumpet, and trombone). Percussion, bass guitar and larger wind instrument are rented from the school for a fee of \$90. All students pay an option fee of \$15 which includes a method book and folder that will be used for the year.

## **BASKETBALL**

This option is designed for students who are passionate about basketball and want to be challenged to further their current skill level. In this class, students will bring their dribbling, passing, and shooting skills to the next level. We will be exploring advanced aspects of basketball that the typical PE class does not have time to get into, such as offensive floor spacing and help-side defense. If you love basketball and want to hone your skills, this is the option for you!

## **COMMERCIAL ART**

In this class, artists will examine how artwork has influenced our culture. You will examine advertising and mass production of art through the media and fashion. You will explore a variety of techniques to create works based on popular art.

Course Fee: \$15.00

## **DRIVER's ED & CAREER EXPLORATIONS**

Ready to start your driving journey? Become prepared to take your driver's learners licence test. As well ready for the road after learning fundamental rules of driving, best practices, and how to cope with various circumstances while behind the wheel. With safety as a key focus, you will develop decision making ability while studying real on road situations. You will also learn about traffic law, the traffic safety act and related regulations. Test preparation will be a component of this class as well. This class will also help students develop an understanding of available career paths, educational requirements for various careers, your own aptitudes and skills, resume and cover letter writing, and job searching skills. This is an exciting way to plan your future and have a resume ready to get your first part-time job!

## **FOODS**

Do you like food? Want to learn how to make food? This option will introduce you to all things culinary. Learn to talk like a chef, cook like a chef, and eat like a pro! Students will work in groups to create culinary delights and complete assignments to gain knowledge about kitchen safety, nutrition, simple meal planning, and food preparation techniques. By the end of this option, you will be "bacon" to be in the kitchen and have a greater understanding of the role food plays in our world!

Course Fee: \$25.00

## **FRENCH**

Bonjour tout le monde! Are you curious about the French language? This course aims to have you gain an appreciation for one of Canada's two official languages. In this course, we will be exploring our listening, speaking, and writing in French. We will also be exposed to French culture and tradition to better understand un peu de français.

## **GUITAR**

This class continues to focus and extend on the fundamentals of guitar playing that were taught in grade 7 guitar. Through individual growth and co-operative group interaction, students become confident musicians. Students will expand their skills in music notation reading, TAB reading and proper playing technique leading into fundamental chords. Styles will vary from classical to rock and a bit of everything in between. Performance opportunities may arise out of the work done in class.

Course Fee: \$10.00

## **IMPROV**

Following in the footsteps of improv greats like Keith Johnstone and shows such as “Who’s Line Is It Anyways?”, Improv will continue building acting skills, but with a twist; there is no script. This course is designed to give actors the tools needed to create fully improvised scenes or perform in fun and entertaining improv games. Students will learn their strengths as they navigate creating a song about llamas, or a physical piece where they need to be either sitting, standing, or lying down, the whole while trying to create something that follows a “plot”. In Grade 8, improv will introduce long-form improv. There will be a goal of a public performance with this class.

## **INDUSTRIAL ARTS – CONSTRUCTION**

Students will develop fundamental hand and power tool skills to safely build projects out of solid wood and composite materials. Course Fee: \$30.00

## **INTRO TO DANCE ACADEMY**

This class is designed to help prepare dancers for an audition process for example the LCI Dance Academy. We will work in a fashion, in creating and learning from guest choreographers, to create a dance showcase. There will be a goal of a public performance with this class. Course Fee: \$30.00

## **MIXED MEDIA ART EXPLORATION**

In this class, you will create works using a variety of tools, techniques, and media. Using the elements and principles of design as a starting point, artists will examine mixed media artists and explore different ways to combine media as a basis for their own art. The main project for this course is completing a personal art journal.

Course Fee: \$15.00

## **MUSICAL THEATRE**

In the world of acting, it is great to be what is known as a triple threat, singer, dancer, and actor. Musical Theatre helps build those triple threat skills. This class will be working on the elements needed to put on a musical production, as well as preparing an audition for one. Students will be cast in and perform in the Fairbairn Spring Musical of “Matilda”. There will be a goal of a public performance with this class.

## **OUTDOOR CONSTRUCTION**

Students will develop basic hand tool and machine skills to design and build outdoor furniture and games. This option will be taught in the spring term. There will be an option fee to help offset material and consumable costs. Course Fee: \$30.00

## **OUTDOOR EDUCATION**

Outdoor Education is a student-centered program designed to enhance the participant's knowledge and skill in an outdoor setting, while prompting growth in student learning ability, self-confidence, and self-discipline. This activity centered course will help forge personal connections between course content and future career opportunities through unique challenges, discussions, and exposure to lifelong hobbies.

Course Fee: \$30.00

## **PLAYWRITING**

Students will be learning the skills to create and write a one act play. Playwrights will need to focus on themes, character development, storytelling, and to create something that can be performed. The plays of this class will be submitted and performed for our one act festival, so playwrights might see their plays on stage.

## **SPORTS PERFORMANCE**

In this class students will be active participants in a variety of sports settings. They will explore sports leadership opportunities within the school. This class is designed for students who are willing to cooperate with others while learning the positive impact of an active lifestyle.

## **STAGE MAKEUP**

This class focuses on make-up techniques for aging, creating special effect wounds, and even creating fantastical characters inspired by other works. Students will then create short scenes to showcase their characters and their make-up choices. Course Fee: \$20.00

## **TECH**

Tech 8 provides students with a solid foundation in computers, photography, videography, coding, and drone flight. Using Adobe Photoshop students learn green screen techniques, photography skills, filters, effects, and text. Students then record their own videos and use Adobe Premiere Pro to cut, sequence, and add effects to produce high quality short films. Students use BBC Micro:bits to learn simple python and block coding. Finally, each student will complete a Drone Flight Project where they learn to safely take off, maneuver, record video, and land a school-owned drone. Drones include: DJI Mavic Air, Spark, Mavic Mini, and Mini-2 models. If you have any interest in technology, this is the class for you!

## **VOLLEYBALL**

The goal of this class is to take students from a basic foundation of Volleyball to a more advanced understanding of the game. The class will be structured to encompass all skill areas of the game as well as officiating and scoring and game tactics (offense and defense).

## **YOGA**

In this class students will participate in and explore the different components of Yoga. Students will engage in mindfulness, relaxation, strength, and flexibility training. It will help students to understand and support their own unique needs, limitations, and growth within their own bodies. This class is designed for students who are mature and respectful to a practice that is based on a healthy mind, body, and soul. This is a course designed for all experience levels.