

Senator Joyce Fairbairn Middle School

2022-2023 Grade 7 Options



General Guidelines for Options:

- Review the options descriptions and decide which ones are of interest.
- The school year is divided into 3 terms, each term having 2 option blocks. This means students could potentially have six different options each year.
- Band is a FULL YEAR option. This means Band will take up 3 of the 6 option blocks. Choir is a 2 TERM option and will take up 2 of the 6 option blocks.
- Some options have a supplementary fee to cover material and supply costs.

PLEASE NOTE: Depending on student numbers, students' option selections, and teacher schedules, new courses may be created or cancelled.

GRADE 7 OPTIONS AT-A-GLANCE

- Active Living
- Art
- Band
- Choral
- Foods
- Guitar
- Handcrafts
- Improv
- Industrial Arts (Shop)
- Masks
- Musical Theatre
- One Act
- Outdoor Construction
- Outdoor Education
- Sewing
- Stage Design
- Street Art and Graffiti
- Tech
- Theatre for Young Audiences

What you need to know and do

1. Read through the attached information.
2. Make sure you have access to PowerSchool, either through the student or parent portal. Your school's administrative assistants can help you with this.

Reminders:

- This process does not prioritize preferred options, nor do we track who selects options when. Once all selections are entered for all students, our software will populate as many students with their requested options as possible.
- Selecting more options than required is better than selecting fewer. It helps create flexibility if some options fill up before others.
- You will learn what options you will be taking in the fall.

ACTIVE LIVING

We want to help you activate a passion for health and wellness! Active Living encourages students of all abilities to participate in educational experiences that promote and encourage lifelong active living for years to come. Through a variety of individual and group based physical activities, leadership opportunities, nutrition, and cultural connections – students will experience and develop healthy lifestyle habits. In today’s fast paced, digitally dominated world, our class will embrace activities and concepts of *Olakino Maika’i* or “To Live Healthy”.

ART

"Creativity takes courage." - Henri Matisse. In this class, you will learn to apply the elements and principles of design through exploration of different tools, techniques, and media. As an artist, you will express your feelings, think artistically and value different art forms in our visual world. Course Fee: \$15.00

BAND (3 terms)

This option continues to focus and extend on the fundamentals of wind & percussion instruments that were taught in grade 6 band. Through individual growth and co-operative group interaction, students become confident musicians. Goals of the program include learning to play an instrument, learning to read music, learning music theory, and participating in public performances.

Additional Costs: Most students will privately rent from a local music store (flute, clarinet, alto/tenor saxophones, trumpet, and trombone). Percussion, bass guitar and larger wind instrument are rented from the school for a fee of \$90. All students pay an option fee of \$15 which includes a method book and folder that will be used for the year.

CHORAL (2 terms)

Come as you are and make music with us! We will sing a wide variety of music, including current hits you have heard on the radio...and classics your parents and grandparents might have heard too! Course Fee: \$15.00

FOODS

Do you like food? Want to learn how to make food? This option will introduce you to all things culinary. Learn to talk like a chef, cook like a chef, and eat like a pro! Students will work in groups to create culinary delights and complete assignments to gain knowledge about kitchen safety, nutrition, simple meal planning, and food preparation techniques. By the end of this option, you will be “bacon” to be in the kitchen and have a greater understanding of the role food plays in our world! Course Fee: \$25.00

GUITAR

This class continues to focus and extend on the fundamentals of guitar playing that were taught in grade 6 guitar. Through individual growth and co-operative group interaction, students become confident musicians. Students will expand their skills in music notation reading, TAB reading and proper playing technique leading into fundamental chords. Styles will vary from classical to rock and a bit of everything in between. Performance opportunities may arise out of the work done in class. Course Fee: \$10.00

HANDCRAFTS

If you love to create beautiful things with your hands, this is the option for you! Come down to the Sewing Lab to experience a rich variety of handcrafts and how they have evolved through time and across different cultures. Practice cross-stitching, weaving, knitting, beading, and more in this class that will have you coming home with fine crafts that you will be proud to display. No prior experience needed! Course Fee: \$20.00

IMPROV

Following in the footsteps of improv greats like Keith Johnstone and shows such as “Who’s Line Is It Anyways?”, Improv will continue building acting skills, but with a twist; there is no script. This course is designed to give actors the tools needed to create fully improvised scenes or perform in fun and entertaining improv games. Students will learn their strengths as they navigate creating a song about llamas, or a physical piece where they need to be either sitting, standing, or lying down, the whole while trying to create something that follows a “plot”.

INDUSTRIAL ARTS - CONSTRUCTION

Students develop basic hand tool and machine skills to design and build useful projects from solid wood and composite materials. Students will design and build their own custom projects. Course Fee: \$30.00

MASKS

This class will focus on presenting stories through the medium of masks. We will create pieces and then build a mask from scratch to help highlight the characters of their stories. All masks will be built from the student’s face using plaster. Students will also be required to perform for an audience of their peers. There will be a goal of a public performance with this class. Course Fee: \$15.00

MUSICAL THEATRE

In the world of acting, it is great to be what is known as a triple threat, singer, dancer, and actor. Musical Theatre helps build those triple threat skills. This class will be working on the elements needed to put on a musical production, as well as preparing an audition for one. Students will be cast in and perform in the Fairbairn Spring Musical of “Matilda”. There will be a goal of a public performance with this class.

ONE ACT

A one act play is just that: a play with only one act. This means it is often shorter than other plays and tends to already start in the middle of the story, instead of needing to build it up. Students in this class will work on scenes from various one-acts, and then perform a one act, created by the playwriting option. Students will have the opportunity to be a part of the staging of a piece of work.

OUTDOOR CONSTRUCTION

Students will develop basic hand tool and machine skills to design and build outdoor furniture and games. This option will be taught in the spring term. There will be an option fee to help offset material and consumable costs. Course Fee: \$30.00

OUTDOOR EDUCATION

Outdoor Education is a student-centered program designed to enhance the participant's knowledge and skill in an outdoor setting, while prompting growth in student learning ability, self-confidence, and self-discipline. This activity centered course will help forge personal connections between course content and future career opportunities through unique challenges, discussions, and exposure to lifelong hobbies. Course Fee: \$30.00

SEWING

Learn about the world of fashion, fabric, and design! In this option, students will practice the basics of machine assisted sewing while completing different sewing tasks and projects. Course fee does not include materials. Course Fee: \$15.00

STAGE DESIGN

In stage design, students will learn about costume design, set design, lighting design, props, and more. Our designers will also be responsible for creating the visual look for the musical theatre production, working with both the actors and members of the construction class to create the aesthetic for the spring performance.

STREET ART AND GRAFFITI

In this class, you will examine the role that graffiti and street art play in popular culture. You will learn about the history and value of graffiti in society. As an artist, you will explore the different types of street art and create your own style through community approved works. Course Fee: \$15.00

TECH

Digital Communications is a project-based option that introduces students to new media communication tools used throughout social media and global communications. Students will learn how to build an online-store, social media commercials, and interactive and engaging presentations. The class will be introduced to these new communication tools in a safe and supervised environment. Students will use visual media, audio, and desktop publishing tools for their projects.

THEATRE FOR YOUNG AUDIENCES

Actors will be creating a thematic show with the intention to perform for the elementary school. Actors will use simplified props and costumes that are easily understood and portable, as well as focusing on creating something for a younger audience. There will be a goal of a public performance with this class.