

Senator Joyce Fairbairn Middle School



Grade 6 Options

General Guidelines for Options:

1. The school year is divided into 3 terms, each term having 2 option blocks. This means students could potentially have six different options each year.
2. Band is a FULL YEAR option and Choral is a two term option...this means, Band will take up 3 of the 6 option blocks, and Choral will take up 2 of the 6 option blocks.
3. Please review the options listed and decide which ones are of interest. For the 2019/20 school year, students will select their options online through PowerSchool! Option selections will take place later this spring and will occur at school. Once the process is complete, parents will be notified and may view and approve their child's selections online. Detailed instructions for selecting options will be available on the Senator Joyce Fairbairn Middle School web page in case of required changes.
4. Be advised that some options have a supplementary fee attached to them to cover material and supply costs.

PLEASE NOTE: Depending on student numbers, students' option selections, and teacher schedules, new courses may be created or cancelled.

GRADE 6 OPTIONS

ART

“Creativity is contagious, pass it on.” – Albert Einstein



Come and explore the wonderful world of Art! As an artist, you make others see, think and feel differently about the visual world around them. In this introduction to the elements and principles of design, you will dabble in a variety of drawing, painting, printmaking, sculpture and fabric art techniques. If you love to create and design, this class is for you!

Course Fee: \$15.00 (supplies & materials)

ART AROUND THE WORLD

Let your curiosity and imagination flow in this fun art class that will have you exploring, understanding and respecting art from all over the world. You will learn different techniques, from African Batik and Japanese woodblock printing, to Metis painting styles. You will be inspired by different cultures. This class will get you creating art based on the diverse world around us.

Course Fee: \$15.00 (supplies & materials)

BAND

This option focuses on the fundamentals of wind & percussion instruments. Through individual growth and co-operative group interaction, students become confident musicians. Goals of the program include learning to play an instrument, learning to read music, learning music theory and participating in public performances.

Additional costs: After instruments are assigned, most students will privately rent from a local music store (flute, clarinet, alto/tenor saxophones, trumpet and trombone). Percussion and larger instruments are rented from the school for a fee of \$65. All students pay an option fee of \$45 that allows them to attend a beginner workshop and includes a method book and folder that will be used for the year.

CHORAL

Come as you are and make music with us! We'll sing a wide variety of music, including current hits you've heard on the radio...and classics your parents and grandparents might have heard too!

Course Fee: \$15.00 (supplies & materials)



DANCE

We will explore a variety of styles including, Jazz, Lyrical, Bollywood, Broadway, Ballet, and more! You will improve your flexibility, balance, stamina, cardiovascular fitness, coordination and confidence. Students will have the opportunity to choreograph their own number as a solo or in a small group. *This class is suitable for all levels of dancers, from beginners to advanced.*

DRAMA

In this class we will work together as a group to explore the joys of theatre. This will include movement, speech and acting as well as technical theatre to make props, design sets and run lights and sounds. Depending on class interests we will explore theatre through mime, clowning, children's theatre, puppetry and more! If you enjoy *any* aspect of theatre, this option is for you!

FOODS

Do you like food? We like food! This option will introduce you to all things culinary. Learn to talk like a chef, cook like a chef, and eat like a pro! Students will work in groups to create culinary masterpieces and learn about food, kitchen safety, nutrition, simple meal planning, and food preparation techniques. By the end of this option you'll be "bacon" to be in the kitchen!

Course Fee: \$20.00 (supplies & materials)

GRADE 6 OPTIONS

FRENCH

Learning French is an important part of being Canadian. Your child will use what they learned in grades 4 & 5 to learn more about the French language and Francophone cultures. They will discover Francophone communities in Alberta, appreciate that Canada is a bilingual country and learn that the national anthem was originally written in French! In French, they will discuss their health, their province, the environment, *Le Carnaval de Québec*, and more!

GERMAN

Kannst du Deutsch? If not, then take this class. More than just a romantic language, German is the language of quality engineering, winning soccer teams and anything that is efficient! It also has more in common with English than you may realize. You already know some German words like “kindergarten”, “hamburger” and “gesundheit”. Take this class and learn some more. *Übung macht den Meister!*

GUITAR

This class is an “intro” to playing the guitar. Through individual growth and co-operative group interaction, students become confident musicians. Students will learn the fundamentals of music notation, parts of the guitar and proper playing technique leading into fundamental chords. Styles will vary from classical to rock and a bit of everything in between. The class will have performance opportunities in the school at term end celebrations.
Course Fee: \$10.00 (supplies and materials)



IMPROV

Have you ever seen *Whose Line is it Anyway?* Come learn how to “create” on the fly in a fun, supportive and enthusiastic atmosphere. No previous experience needed.

INDUSTRIAL ARTS- Introduction to Construction

Students will learn woodworking skills and workshop safety. Students will work primarily with hand tools and some assorted power tools.

Course Fee: \$30.00 (materials and consumables)

MUSIC

This class is designed to meet the Alberta curriculum requirements for grade 6 students and will be mandatory for students not enrolled in any other music option (band, choral, guitar). Students will engage in a variety of projects and activities designed around musical awareness and appreciation.

SEWING

Learn about the world of fashion, fabric and design! In this option, students will gain basic hand sewing and machine sewing skills while learning how to work with different fabrics, follow pattern instructions, sew basic stitches and explore garment design.

Course Fee: \$15.00



SKETCHBOOK

In this introduction to the Artist’s Sketchbook, you will make your own handmade sketchbook. You will be introduced to the concept of Zen doodle and sketch notes. A sketchbook is a visual diary of the world around you. Art journaling is a way to capture, record and keep your artistic thoughts in a creative way.

Course Fee: \$15.00 (supplies and materials)

GRADE 6 OPTIONS

SOCCER

This class will provide students an opportunity to improve their soccer skills. This is not a daily scrimmage class. Rather, students will participate in carefully planned drills to improve individual skill development, soccer fitness and game theory.

SPANISH

¿Hablas español? If not, then take this class. Did you know that more people on our planet speak Spanish than English? In fact, it is the second most spoken language in the world and is steadily becoming more relevant and important here in Canada. Give yourself an advantage and sign up for this class. Students will participate in daily activities to learn the basics and start *¡hablando la lengua más bonita del mundo!*



SPORTS PERFORMANCE

Are you interested in becoming a better athlete? If so, you will want to sign up for this class. You will explore a variety of topics that affect your success in sports: sports nutrition, mobility and flexibility, prehab and injury prevention, sport psychology, different types of workouts, etc. Some days you will be sweating, other days you will be thinking; every day you will be on your way to becoming a better athlete!

STRENGTH & CONDITIONING

If you like a physical challenge and would like to be more fit, this option is a MUST! You are guaranteed to always be engaged in Strength and Conditioning 6. There are endless activities and challenges to put your current level of fitness to the test. Activities will range from indoor to outdoor and from games to circuits. Stations and contests will help to motivate the student athlete as well. No matter what is being done in this class, you are sure to have fun and are guaranteed to become stronger, faster, more flexible, fitter, and definitely healthier!



TECH

What do Steve Jobs (Apple), Evan Spiegel (Snapchat), Kevin Systrom (Instagram), and Tim Sweeney (Fortnite) have in common? They have influenced people all over the world because of their creativity. Come join our team, and we will learn new skills to create projects that interest you. Why can't you be the next one to do something spectacular?

YOGA

This is not a traditional yoga class! Students of all ability levels are encouraged to join and work on functional movement, mobility, locomotion, self-regulation, breathing and mindfulness. This class will provide basics in various types of yoga styles and variations and will give students an opportunity to increase their mental and physical strength.

GRADE 6 OPTIONS

Student Name: _____

Fairbairn Option Selection Form

All options are for one term unless otherwise specified.

Step 1: Art is a required course that is mandated by Alberta Education for all grade 6 students.

_____	Art	_____	Industrial Arts – Construction
_____	Art Around the World	_____	Sketchbook

Step 2: Music is a required course that is mandated by Alberta Education for all grade 6 students.

_____	Band (3 terms)	_____	Guitar
_____	Choral (2 terms)	_____	Music

Step 3: Please select 6 options that you would be interested in taking.

_____	Art	_____	Industrial Arts - Construction
_____	Art Around the World	_____	Music
_____	Band – 3 terms	_____	Sewing
_____	Choral – 2 terms	_____	Sketchbook
_____	Dance	_____	Soccer
_____	Drama	_____	Spanish
_____	Foods	_____	Sports Performance
_____	French	_____	Strength & Conditioning
_____	German	_____	Tech
_____	Guitar	_____	Yoga
_____	Improv		

Parent Guardian Signature: _____

Please return to your child's homeroom teacher by April 16, 2019.