

# Senator Joyce Fairbairn Middle School



## Grade 7 Options

### General Guidelines for Options:

1. The school year is divided into 3 terms, each term having 2 option blocks. This means students could potentially have six different options each year.
2. Band is a FULL YEAR option and Choral is a two term option...this means, Band will take up 3 of the 6 option blocks, and Choral will take up 2 of the 6 option blocks.
3. Please review the options listed and decide which ones are of interest. For the 2019/20 school year, students will select their options online through PowerSchool! Option selections will take place later this spring and will occur at school. Once the process is complete, parents will be notified and may view and approve their child's selections online. Detailed instructions for selecting options will be available on the Senator Joyce Fairbairn Middle School web page in case of required changes.
4. Be advised that some options have a supplementary fee attached to them to cover material and supply costs.
5. Please detach your completed option selection form and return it to our office before **Thursday, April 18th, 2019.**

**PLEASE NOTE:** Depending on student numbers, students' option selections, and teacher schedules, new courses may be created or cancelled.

# GRADE 7 OPTIONS

## 21<sup>ST</sup> CENTURY COMMUNICATIONS

Communications in the 21<sup>st</sup> century has changed radically over the past twenty years. Students are being exposed to new video, audio, text and multi-media communications everyday. Learn how to select credible information from online, satellite, and wireless sources. Students will create effective communication tools using video, audio, print media and online productions tools.

## ART EXPLORATION

“This world is but a canvas to our imagination.” – Henry David Thoreau. If you love to create and design, this class is for you! As an artist, you will explore a variety of art techniques and tools through drawing, painting, printmaking, sculpture, fabric arts, photography and digital design. You will create art by focusing on the elements and principles of design for good composition in your own work and by encountering the art of others.

Course Fee: \$15.00 (supplies and materials)

## ART ACROSS TIME

In this fun class, you will experience the work and lives of famous artists of the past to the present by learning about their styles and techniques. You will create your own artwork based on independent research you'll do about any famous artworks that interest you. Drawing, painting, and sculpture are some of the ways famous artists express themselves and you can too!

Course Fee: \$15.00 (supplies and materials)

## BAND



This option continues to focus and extend on the fundamentals of wind & percussion instruments. Through individual growth and co-operative group interaction, students become confident musicians. Goals of the program include learning to play an instrument, learning to read music, learning music theory and participating in public performances.

Additional costs: Most students will privately rent from a local music store (flute, clarinet, alto/tenor saxophones, trumpet and trombone). Percussion and larger instruments are rented from the school for a fee of \$90.00. All students pay an option fee of \$15.00 which includes a method book and folder that will be used for the year.

## CHORAL

Come as you are and make music with us! We'll sing a wide variety of music, including current hits you've heard on the radio...and classics your parents and grandparents might have heard too!

Course Fee: \$15.00 (supplies and materials)

## DANCE

We will explore a variety of styles including, Jazz, Lyrical, Bollywood, Broadway, Ballet, and more! You will improve your flexibility, balance, stamina, cardiovascular fitness, coordination and confidence. Students will have the opportunity to choreograph their own number as a solo or in a small group. *This class is suitable for all levels of dancers, from beginners to advanced.*

## DRAMA

In this class we will work together as a group to explore the joys of theatre. This will include movement, speech and acting as well as technical theatre to make props, design sets and run lights and sounds. Depending on class interests we will explore theatre through mime, clowning, children's theatre, puppetry and more! If you enjoy *any* aspect of theatre, this option is for you!



## DIGITAL COMMUNICATIONS

Digital Communications is a project based option that introduces new forms of communication that are available to students online and via satellite. The class will introduce these new communication tools in a safe and supervised environment. Students will use visual media, audio and desktop publishing tools for their projects

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## FOODS

Do you like food? We like food! This option will introduce you to all things culinary. Learn to talk like a chef, cook like a chef, and eat like a pro! Students will work in groups to create culinary masterpieces and learn about food, kitchen safety, nutrition, simple meal planning, and food preparation techniques. By the end of this option you'll be "bacon" to be in the kitchen!



Course Fee: \$20.00 (materials and supplies)

## FRENCH

*I'm getting better at communicating in French.* Your child will discuss and write about familiar topics, such as school subjects and activities, the weather, and friends. They will compare different Francophone cultures. Your child will also decide how to correctly address people and when to use formal or informal language, and they will correctly write addresses and telephone numbers in French.

## GERMAN

*Kannst du Deutsch?* If not, then take this class. More than just a romantic language, German is the language of quality engineering, winning soccer teams and anything that is efficient! It also has more in common with English than you may realize. You already know some German words like "kindergarten", "hamburger" and "gesundheit". Take this class and learn some more. *Übung macht den Meister!*

## GUITAR

The grade 7 class is a continuation of the grade 6 class. More advanced techniques and extended ranges in playing will be explored. An importance will be placed on more advanced rhythms and sight-reading. The class will perform in term end celebration concerts. ***Pre-requisite: Grade 6 guitar or Grade 7 intro to guitar.***

Course Fee: \$10.00 (materials and supplies)

## IMPROV

Have you ever seen *Whose Line is it Anyway?* Come learn how to "create" on the fly in a fun, supportive and enthusiastic atmosphere. No previous experience needed.

## INDUSTRIAL ARTS - CONSTRUCTION

Students develop basic hand tool and machine skills to design and build useful projects from solid wood and composite materials. Students will design and build their own custom projects.

Course Fee: \$30.00 (material and consumable costs)

## INDUSTRIAL ARTS – OUTDOOR CONSTRUCTION PROJECTS

Students will develop basic hand tool and machine skills to design and build outdoor furniture and games. This option will be taught in the spring term.

Course Fee: \$30.00 (material and consumables)



## INDUSTRIAL ARTS – SCHOOL COMMUNITY CONSTRUCTION

Students develop basic hand tool and machine skills to design and build useful projects for the new school. Possible projects include storage shelves, book racks, podiums and benches. Students will also have the opportunity to build a project for themselves to take home.

Course Fee: \$10.00 (material and consumables)

## INTRO TO GUITAR

This class is an "intro" to playing the guitar. No previous guitar experience required. Through individual growth and co-operative group interaction, students become confident musicians. Students will learn the fundamentals of music notation, parts of the guitar and proper playing technique leading into fundamental chords. Styles will

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vary from classical to rock and a bit of everything in between. The class will have performance opportunities in the school at term end celebrations.

Course Fee: \$10:00 (materials and supplies)

## MUSICAL THEATRE

Do you love signing along with Hairspray, Into the Woods, or Les Miserables? This is the option for you! There will be opportunities for group and solo projects as we work on choreography, singing, and acting. No experience needed!

## SEWING

Learn about the world of fashion, fabric and design! In this option, students will practice the basics of machine assisted sewing while completing different sewing tasks and projects. Course fee does not include materials.

Course Fee: \$15.00

## SOCCER

This class will provide students an opportunity to improve their soccer skills. This is not a daily scrimmage class. Rather, students will participate in carefully planned drills to improve individual skill development, soccer fitness and game theory.



## SPANISH

*¿Hablas español?* If not, then take this class. Did you know that more people on our planet speak Spanish than English? In fact, it is the second most spoken language in the world and is steadily becoming more relevant and important here in Canada. Give yourself an advantage and sign up for this class. Students will participate in daily activities to learn the basics and start *jhablando la lengua más bonita del mundo!*

## SPORTS PERFORMANCE – Becoming a Better Athlete

Are you interested in becoming a better athlete? If so, you will want to sign up for this class. You will explore a variety of topics that affect your success in sports: sports nutrition, mobility and flexibility, prehab and injury prevention, sport psychology, different types of workouts, etc. Some days you will be sweating, other days you will be thinking; every day you will be on your way to becoming a better athlete!

## THEATRE TECH

Learn what it takes to put on a dramatic or musical production. Everything from stage cues to stage makeup! (Emphasis on stage makeup). Course Fee: \$15.00 to cover makeup supplies.

## TRAVEL CANADA

Travel Canada is a course that gives students a better appreciation of the diversity of Canada. The option is an extension of the social studies, science and fine arts curriculum for grade 7 and 8 students. Students will experience the culture, geography, language, customs, traditions, etc. of multiple Canadian regions. The course will also provide background for potential Canadian travel groups.

## YEARBOOK

Be a part of preserving the best memories of the school year by creating our school's yearbook. In this product focused class, you will explore elements of graphic design, composition, photography, and community building.



## YOGA

This is not a traditional yoga class! Students of all ability levels are encouraged to join and work on functional movement, mobility, locomotion, self-regulation, breathing and mindfulness. This class will provide basics in various types of yoga styles and variations and will give students an opportunity to increase their mental and physical strength.

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Student Name: \_\_\_\_\_

## Fairbairn Option Selection Form

Please CHECK ten options that you would be interested in taking. There is no need to rank them. Selected options are not guaranteed but we will do our best to ensure that most of your options are from your choices. ***All options are for one term unless otherwise specified.***

- |  |  |
|--|--|
| <input type="checkbox"/> 21 <sup>st</sup> Century Communications | <input type="checkbox"/> Improv  |
| <input type="checkbox"/> Art                                     | <input type="checkbox"/> Industrial Arts – Construction                  |
| <input type="checkbox"/> Art Across Time                         | <input type="checkbox"/> Industrial Arts – Outdoor Construction Projects |
| <input type="checkbox"/> Band – 3 Terms                          | <input type="checkbox"/> Industrial Arts – School Community Construction |
| <input type="checkbox"/> Choral – 2 Terms                        | <input type="checkbox"/> Intro. to Guitar                                |
| <input type="checkbox"/> Dance                                   | <input type="checkbox"/> Musical Theatre                                 |
| <input type="checkbox"/> Drama                                   | <input type="checkbox"/> Sewing  |
| <input type="checkbox"/> Yearbook                                | <input type="checkbox"/> Soccer  |
| <input type="checkbox"/> Digital Communications                  | <input type="checkbox"/> Spanish   |
| <input type="checkbox"/> Foods                                   | <input type="checkbox"/> Sports Performance                              |
| <input type="checkbox"/> French                                  | <input type="checkbox"/> Theatre Tech                                    |
| <input type="checkbox"/> German                                  | <input type="checkbox"/> Travel Canada                                   |
| <input type="checkbox"/> Guitar                                  | <input type="checkbox"/> Yoga  |

Parent Guardian Signature: \_\_\_\_\_

Return this form to your current school by Thursday, April 18thth. Thank You!